

SIMON FRASER UNIVERSITY

EDUCATION 459-4

**INSTRUCTIONAL ACTIVITIES IN ELEMENTARY SCHOOL PHYSICAL EDUCATION
(P.E. MINORS ONLY)
(D1.00)**

Intersession, 1992
(May 4 – June 12)
Mondays & Wednesdays
8:30 a.m. – 12:20 p.m.
Location: MPX 7540 (Gym)

Instructor: Dr. Stephen Smith
Office: MPX 8638
Phone: 291-4483

PREREQUISITE: EDUC 405. For P.D.P. P.E. minors only.

OVERVIEW OF THE COURSE

This course along with Educ. 479 is designed to assist teachers in planning and implementing physical education programs for the primary and intermediate grades in British Columbia schools. Educ. 459 will involve a practical consideration of instructional strategies and curriculum planning in elementary physical education, particularly as it applies to the games, dance and gymnastics components of the curriculum.

The curricular organizing principles are:

1. To provide teachers with an understanding of different approaches to curriculum development, instructional strategies, and pupil assessment in physical education.
2. To examine various practical applications of the theoretical perspectives listed above, especially as they apply to games, gymnastics and dance.
3. To increase personal competence in physical education activities.

CURRICULAR CONTENT

Topics such as pupil assessment, intramurals, lesson and unit planning, active health and daily physical education will complement the major curricular themes of games, gymnastics and dance.

ASSIGNMENTS

1. Program overview of a proposed elementary intramural program (20%).
2. An eight lesson teaching unit based upon a theme, concept or notion of movement experience as it pertains to the areas of games, gymnastics or dance (40%).
3. A sixty minute lesson to be taught in either games, gymnastics or dance (20%).
4. Class participation (20%).

REQUIRED TEXT

Kirchner, G. (1988). Physical Education for Elementary School Children (7th edition).
William C. Brown and Co.: Dubuque, Iowa.