

COUNSELLING FOR THE CLASSROOM TEACHER

Spring, 1988
Location: MPX 7504
Thursday: 4:30 - 8:20

Instructor: Dr. C. Provost

PREREQUISITES:

60 hours of credit. Educ. 220 or Psych. 101, or equivalent, or permission of instructor.

COURSE DESCRIPTION:

This course is intended for senior students or practicing teachers who wish to explore the area of school counselling and develop some counselling skills that can be applied within the classroom setting. A combination of lectures, discussions, practice exercises and seminars will be used to explore such topics as: the role of the counsellor in the school, different models of counselling, effective helping skills, the use of group discussion to promote affective development, the use of standardized tests as an aid to counselling, and career counselling.

COURSE REQUIREMENTS:

1. Change project and paper, 30%. (Identification of a desirable change in one's own life and a diary of application of some of the counselling skills learned in class to this issue).
2. Group task and class presentation, 20% (Exploration of a specific target problem in counselling, and presentation in class of your group's findings.)
3. Short multiple choice exams (2) based on class content; 10% each.
4. Career counselling paper (20%). (Practical application of career counselling theory).
5. Class participation (10%).

TEXT REQUIRED:

Thompson, C. L., & Rudolph, L. B. (1983). Counselling Children. Monterey: Brooks/Cole.

TEXT RECOMMENDED:

Egan, G. (1986). The skilled helper: A systematic approach to effective helping (3rd ed.). Monterey, Calif.: Brooks/ Cole Publishing Co.

Kanfer, R.H., & Goldstein. (1986). Helping People Change: A Textbook of Methods. Pergamon Press.