

**SIMON FRASER UNIVERSITY
SPRING SEMESTER 2007**

**EDUC 323-3
INTRODUCTION TO COUNSELLING THEORIES
(E01.00)**

Sarah Hickinbottom
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Thursday 16:30-19:20
Surrey Campus Room 3170

PREREQUISITE:

Educ 220 or equivalent and 60 credit hours. Students who have credit for Educ 425 cannot take Educ 323 for further credit.

COURSE DESCRIPTION:

This course is designed to provide the student with an introduction to major theoretical approaches that underlie the work of counsellors assisting persons with emotional and/or behavioural difficulties. The course will cover theories based on psychodynamic, cognitive-behavioural, existential, and post-modern frameworks.

REQUIREMENTS

1. In-Class Learning Checks (40%)

Learning checks will take place following the completion of each general unit. There will be four learning checks in total, each worth ten percent of the final grade.

2. Case Studies (60%)

The case studies will provide students the opportunity to demonstrate apply theoretical constructs. Each case will be based on an assigned fictional film character. There will be two case studies in total.

Case Study # 1 (20%)

Case Study # 2 (40%)

REQUIRED TEXT

Murdock, N. L. (2004). *Theories of Counselling & Psychotherapy: A Case Approach* Pearson-Merrill Prentice Hall ISBN: 0130271632