

SIMON FRASER UNIVERSITY

S.76-194

MEMORANDUM

To Members of Senate

From Dean of Graduate Studies Office

Subject Graduate Calendar Changes -
Department of Psychology

Date December 14, 1976

MOTION I: That Senate approve the Graduate Calendar
Changes for the Department of Psychology.

MOTION II: That Senate approve the new course, Psyc 803-3

These changes were approved by the Senate Graduate Studies Committee on
December 13, 1976.



Jon Wheatley
Dean of Graduate Studies

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FACULTY OF ARTS

CALENDAR SUBMISSION - 1977-1978

DEPARTMENT OF PSYCHOLOGY

p. 100

Degree Requirements

Change in Requirements: From:

"Required Courses: The minimum requirement is satisfactory performance in 21 credit hours of graduate courses, which must include 3 Proseminars, 2 Research Design Courses, and 2 electives. All course requirements must be completed within 5 semesters of entrance into the graduate program.

Proseminars: Proseminars are advanced and intensive surveys of areas in psychology. Emphasis is placed on important basic issues in the area, rather than on a specialized topic. Of the 3 required Proseminars, one must be chosen from Group A, and another from Group B. The third required Proseminar may be selected from any group.

| Group A | Group B | Group C |
|-------------------------|-------------------------------------|---------------------------------------|
| PSYC 720-3 - Learning | PSYC 750-3 - Development Psychology | PSYC 750-3 History and Systems |
| PSYC 730-3 Perception | PSYC 760-3 - Social Psychology | PSYC 715-3 Measurement |
| PSYC 740-3 - Motivation | PSYC 770-3 - Personality | PSYC 725-3 Cognition |
| | | PSYC 744-3 - Psychopathology |
| | | PSYC 780-3 - Physiological Psychology |
| | | PSYC 785-3 Animal Behavior |

Other Proseminars may be offered, depending on specific interests of graduate students and faculty

to: Required Courses: The minimum requirement is satisfactory performance in 21 credit hours of graduate courses, which must include 3 Proseminars, 2 Research Design Courses, and 2 electives. All course requirements must be completed within 5 semesters of entrance into the graduate program.

Proseminars: Proseminars are advanced and intensive surveys of areas in psychology. Emphasis is placed on important basic issues in the area rather than on a specialized topic. Three proseminars are required. One must be taken from Group A, one from

Group B, and the third from either Group A or B. Proseminars in Group C are available as electives.

| Group A | Group B | Group C |
|---|---|-----------------------------------|
| PSYC 720-3 Learning | PSYC 744-3 Psy- chopathology | PSYC 705-3 History and Systems |
| PSYC 725-3 Cognition | PSYC 750-3 Developmental Psychology | PSYC 715-3 Measurement |
| PSYC 730-3 Perception | PSYC 760-3 Social Psycho- logy | PSYC 740-3 Motivation |
| PSYC 780-3 Physiological Psychology | PSYC 770-3 Personality | PSYC 785-3 Animal Behavior |

Other preseminars may be offered, depending on specific interests of graduate students and faculty.

Rationale:

- a) The composition of Groups A and Group B were reorganized to reflect core areas corresponding to current needs in the program.
- b) Restriction of selection of required Proseminar from Group A and B is intended to reduce somewhat the problems encountered previously with small enrolments in Proseminars.

PSYC 803

NEW COURSE PROPOSAL

SEE APPENDIX A

1. CALENDAR INFORMATION:

Department: PSYCHOLOGY Course Number: 803

Title: BASES FOR PSYCHOLOGICAL INTERVENTION

Description: THEORIES AND HISTORICAL DEVELOPMENT OF CURRENT PSYCHOLOGICAL TREATMENT MODES.

Credit Hours: 3 Vector: 0-3-0 Prerequisite(s) if any: (Permission of instructor)

2. ENROLLMENT AND SCHEDULING:

Estimated Enrollment: 10 When will the course first be offered: SPRING 1977

How often will the course be offered: ONCE PER YEAR

3. JUSTIFICATION: This course is one of three core courses required of students intending to pursue an applied-clinical path through their graduate studies in psychology. It is intended to provide the beginning practitioner with an overview of techniques of psychological intervention together with theoretical rationales. As contrasted with the broader more basic pro-seminars in Personality and Psychopathology, it will focus almost exclusively on description and criticism of treatment modalities. This course is a pre-requisite to more specialized intervention courses and recommended before more specialized evaluation courses.

4. RESOURCES:

Which Faculty member will normally teach the course: Marcia (Ksionzky, Bowman)

What are the budgetary implications of mounting the course: None

Are there sufficient Library resources (append details): Yes

- Appended: a) Outline of the Course b) An indication of the competence of the Faculty member to give the course c) Library resources

Approved: Departmental Graduate Studies Committee: [Signature] Date: Oct. 14/76

Faculty Graduate Studies Committee: [Signature] Date:

Faculty: J. M. Munro Date: Nov. 30/76

Senate Graduate Studies Committee: [Signature] Date: 22 Dec 1976

Senate: Date:

Approved by the Dean Faculty of Arts NOV 22 1976

Bases for Psychological Intervention

Course Outline

1. Overview of psychotherapy
 - A. Basic assumptions
 1. Historical traditions of psychotherapy
 2. Individual vs. environmental change
 3. Insight vs. action
- II. Psychoanalytic approaches
 - A. Freud
 1. Free association
 2. Transference
 - Adler
 1. Early memories
 2. Lifestyle elucidation
 - C. Jung
 1. Collective unconscious
 2. Dreams, symbols, and art
- III. Interpersonal and client-centered approaches
 - A. Sullivan
 1. Participant observer (symbolic interactionism)
 - B. Rogers
 1. Preflection and confrontation
 2. Warmth, genuineness, and empathy
- IV. Existential and gestalt
 - A. Boss and Binswanger
 1. Ontological anxiety and guilt
 2. Absurdity and choice
 - B. Perls
 1. Responsibility
 2. Projection
- V. Learning approaches
 - A. Instrumental
 1. Dollard and Miller
 2. Rotter (social learning theory)
 - B. Classical conditoning
 1. Wolpe (systematic desensitization)
 2. Stampfl (implosion)

- C. Operant learning
 - 1. Skinner, Lindsley
 - 2. Bandura
- VI. Family and group methods
 - A. Family
 - 1. Psychoanalytic (Ackerman)
 - 2. Three-generational model (Bowen)
 - 3. Communication model (Satir)
 - B. Group
 - 1. Encounter
 - 2. Sensitivity, T-groups
 - 3. Therapy groups
- VII. Community and organizational approaches
 - A. Crisis intervention
 - B. Community mental health
 - C. Organizational change
- VIII. General medical approaches to psychological problems
 - A. Psychopharmacology
 - B. ECT
 - C. Other approaches

Partial Bibliography

- London, P. Modes and Morals of Psychotherapy
- Frank, J. Persuasion and Healing
- Freud, S. Introductory Lectures, Vol. XVI, Part III
- Becker, E. Denial of Death
- Progoff, I. Death and Rebirth of Psychology
- Menninger, K. Theory of Psychoanalytic Technique
- Reiff, P. Triumph of the Therapeutic
- Ansbacher, H.L. and Ansbacher, R.R. (Eds.) The Individual Psychology of Alfred Adler
- Jung, C.G. Collected Works, Vol. 16
- Campbell, J. (Ed.) The Portable Jung
- Edinger, E. Ego and Archetype
- Fromm-Reichmann, F. Principles of Intensive Psychotherapy
- Dollard, J. and Miller, N. Learning and Psychotherapy
- Wolpe, J. The practice of Behavior Therapy
- Skinner, B.F. Beyond Freedom and Dignity

Rogers, C.R. "A Theory of Therapy...etc." chapter in Koch S. (ed.) Psychology: A Study of A Science, Vol. 3

Hart and Tomlinson. New Directions in Client-centered Therapy

May, R. and Angel, E., and Ellenberger, H.G. (Eds.) Existence

Perls, F. Gestalt Therapy Verbatim

Reich, W. Character Analysis

Sarason, S.B., Levine, M. et al Psychology in Community Settings

Parad, H.J. (Ed.) Crisis Intervention: Selected Readings

Varela, H.A. Psychological Solutions to Social Problems

The readings noted here are intended as a sample only. Some will be excluded; others added. Obviously, more readings will be included in organizational approaches, learning theory, family and group methods, and general medical techniques. Our current library holdings are adequate to meet the needs of this course.

In addition to regular seminar meetings, graduate students enrolled in Psychology 803 will also attend the lecture portions of Psychology 371-372, consisting of talks by practitioners in the Vancouver community.

Differentiation of Bases... from Pro-Seminars in Personality and Psychopathology

Pro-Seminar in Personality (770). The main thrust of this course has been the exploration of general issues in theory construction, familiarization with the formal constructs of major theories, and the discussion of some specific research areas in depth. The emphasis of the course is theoretical-experimental.

Pro-Seminar in Psychopathology (744). The emphasis in this course has been on the nosology and etiology of psychological disorders. The focus has been primarily descriptive.

Bases for Psychological Intervention (803). This course will concentrate on therapeutic techniques and theoretical rationales underlying those techniques. While this will necessitate touching somewhat on personality theory and psychopathology, the central emphasis will be on a survey of intervention approaches and their underlying rationales. It is assumed that students taking 803 will have the grounding supplied by 770 and 744 both of which are required in the applied-clinical sequence.