

SIMON FRASER UNIVERSITY

S.75-160

MEMORANDUM

To..... Members of Senate

From..... Senate Committee on
Continuing Studies

Subject..... Credit-Free Courses, 1974-75
- For Information

Date..... November 13, 1975

Attached are titles and enrollments for the credit-free courses offered during the period September 1, 1974 to August 31, 1975. Fifty-five courses were organized expressly for persons in the community, with a total enrollment of 2535. One hundred and forty-one courses were organized by campus departments expressly for internal students, staff and faculty, with a total enrollment of 3637.

Also attached is a descriptive and statistical report on the Senior Citizens Program, the only coherent community education program provided by SFU during the report period.

SUMMARY OF STATISTICS - COMBINED TOTAL CREDIT-FREE COURSES AND ENROLMENTS
(COMMUNITY EDUCATION COURSES AND CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY)

	FALL 1974	SPRING 1975	SUMMER 1975	TOTALS
COURSES	67	97	32	196
ENROLMENTS	1644	3790	738	6172

COMBINED TOTAL CREDIT-FREE COURSES - 196

COMBINED TOTAL CREDIT-FREE ENROLMENTS - 6172

STATISTICS: CREDIT-FREE COURSES AND ENROLMENTS

SUMMARY OF STATISTICS - COMMUNITY EDUCATION COURSES

	GENERAL	WOMEN'S	SENIOR CITIZENS	TOTALS
FALL 1974				
Courses	7	3	-	10
Enrolments	201	58	-	259
SPRING 1975				
Courses	23	10	10	43
Enrolments	1843	182	230	2255
SUMMER 1975				
Courses	-	-	2	2
Enrolments	-	-	21	21
TOTALS				
Courses	30	13	12	55
Enrolments	2044	240	251	2535

TOTAL COMMUNITY EDUCATION COURSES - 55

TOTAL COMMUNITY EDUCATION ENROLMENTS - 2535

SUMMARY OF STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

	ARTS CENTRE	COMPUTING CENTRE	ENGLISH	LIBRARY	READING AND STUDY CENTRE	RECREATION DEPARTMENT	TOTALS
FALL 1974							
Courses	25	6	1	1	5	19	57
Enrolments	466	73	60	133	339	314	1385
SPRING 1975							
Courses	21	5	1	1	5	21	54
Enrolments	350	39	50	56	388	652	1535
SUMMER 1975							
Courses	11	5	-	1	4	9	30
Enrolments	169	61	-	35	143	309	717
TOTALS							
Courses	57	16	2	3	14	49	141
Enrolments	985	173	110	224	870	1275	3637

TOTAL CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY - 141

TOTAL CREDIT-FREE ENROLMENTS: STUDENTS, STAFF, FACULTY - 3637

STATISTICS - COMMUNITY EDUCATION COURSES

FALL 1974

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
<u>General Courses</u>				
Photographer's Eye	Arts Centre Series	20	15	S.F.U.
Documentary Film	Geography Series	26	56 avg.	S.F.U.
Saturday Seminar Series for Chemistry Teachers	Chemistry Series	16	30	S.F.U.
<u>Seminar Tour for Science Teachers</u>				
- Prince George	Chemistry Series	15	25	S.F.U.
- Dawson Creek	Chemistry Series	15	25	S.F.U.
- Kamloops	Chemistry Series	15	25	S.F.U.
- Kimberley	Chemistry Series	15	25	S.F.U.
<u>Women's Courses</u>				
Body Awareness and Movement	Kinesiology Series	20	24	S.F.U.
Emotional Self-Defense, Section I	Communications Series	12	22	S.F.U.
Emotional Self-Defense, Section II	Communications Series	12	12	S.F.U.

STATISTICS - COMMUNITY EDUCATION COURSES

SPRING 1975

5.

COURSE	DEPARTMENT SPONSORING COURSE (IF APPLICABLE)	NATURE	HOURS	ENROL.	LOCATION
<u>General Courses</u>					
People, Surroundings and Behaviour: The Psychology of Architectural Space	Psychology	Series	9	74	S.F.U.
Contemporary Philosophical Thought	Philosophy	Series	12	31	Denman Place Inn
Latin American Film Series	Latin American Studies	Series	10	159 avg.	S.F.U.
The Human Body	Kinesiology	Series	12	14	Burnaby Art Gallery
Current Topics in Nutrition	Kinesiology	Series	12	25	North Community Services Bldg.
Focus on Fitness	Kinesiology	Series	12	20	Vancouver Public Library
Prehistoric and Primitive Art	Archaeology	Series	26	6	S.F.U.
Human Origins	Archaeology	Series	39	4	S.F.U.
A Day of Folk Song	Arts Centre	Short Course	6	22	Burnaby Lake Pavilion
Buildings: Recent Psychological Research	Psychology	Short Course	7	16	S.F.U.
Music Composition for Films and Television	Arts Centre	Series	12	28	S.F.U.
Canadian Landscapes III - Edward Relph	Geography	Lecture	2	50	S.F.U.
Canadian Landscapes III - Dorothy Livesay	Geography	Lecture	2	50	S.F.U.

STATISTICS - COMMUNITY EDUCATION COURSES

SPRING 1975

6.

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
<u>General Courses (continued)</u>				
Canadian Landscapes III - Margaret Atwood	Geography	Lecture 2	500	S.F.U.
Canadian Landscapes III - Milton Acorn	Geography	Lecture 2	75	S.F.U.
China Film Series	Geography	Series 48	300 avg.	S.F.U.
Systematic Instruction	Short Course	6	72	White Rock
The School of the Future: Adaptive Environments for Learning	Education	Short Course 10	85	Villa
Saturday Seminars in Physics	Physics	Series 24	30-50	S.F.U.
Career Day for Women	Counselling	Short Course 6½	196	S.P.U.
Social Studies In-Service	Education	Series 55-65	16	Kelowna
Social Studies In-Service	Education	Series 40	30	Coquitlam
Social Studies In-Service	Education	Series 40	30	Vancouver
<u>Women's Courses</u>				
Consumer Survival (Section I)	Series	12	10	S.F.U.
Women and Music: Exploring the Folk Tradition	Arts Centre	Series 8	11	S.F.U.
Women in Management	Economics and Commerce	Series 12	57	S.F.U.

STATISTICS - COMMUNITY EDUCATION COURSES

SPRING 1975

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
<u>Women's Courses (continued)</u>				
Effective Speaking	Series	12	15	S.F.U.
Reaching Your Public	Series	11	9	S.F.U.
Body Awareness and Movement	Series	20	15	S.F.U.
Introduction to Emotional Self-Defense (Section I)	Series	12	17	S.F.U.
(Section II)	Series	12	15	S.F.U.
(Section III)	Series	12	14	S.F.U.
Emotional Self-Defense II	Series	12	19	S.F.U.
<u>Senior Citizens Courses</u>				
Introduction to Sculpture	Series	16	22	Seton Villa
Explorations and Sharing: A workshop in Creative Writing	Series	12	17	Seton Villa
Armchair Travellers: Windows on Latin America	Series	9	50	Seton Villa
New Dimensions in Photography	Series	16	33	Edmonds House
Research Methodology	Series	16	22	Edmonds House
Reader's Theatre	Series	4	20	Edmonds House

STATISTICS - COMMUNITY EDUCATION COURSES

SPRING 1975

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE

NATURE

HOURS

ENROL.

LOCATION

Senior Citizen's Courses (continued)Active Listener: A Music Appreciation
Workshop

Arts Centre

Series

12

19

James Cowan
Theatre

French Conversation

Modern Languages

Series

10

17

Heritage Village

Explorations in Sharing: A Workshop
in Creative Writing

English

Series

12

14

Heritage Village

Creative Writing

English

Series

14

16

Edmonds House

STATISTICS - COMMUNITY EDUCATION COURSES

SUMMER 1975

9.

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
<u>Senior Citizen's Courses</u>				
Reading and Study Skills	Reading and Study Centre	18	3	S.F.U.
Interview Skills	Short Course	5	18	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

FALL 1974

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	DEPARTMENT SPONSORING COURSE (IF APPLICABLE)	NATURE	HOURS	ENROL.	LOCATION
Madrigal Singers	Arts Centre	Series	25	12	S.F.U. and Off-campus
Choir	Arts Centre	Series	18	26	S.F.U.
Voice Production and Sight Reading (Beginning)	Arts Centre	Series	24	23	S.F.U.
Language of Music	Arts Centre	Series	18	6	S.F.U.
Beginning Recorder	Arts Centre	Series	12	9	S.F.U.
Intermediate Recorder	Arts Centre	Series	12	6	S.F.U.
Advanced Recorder	Arts Centre	Series	24	4	S.F.U.
Renaissance Ensemble	Arts Centre	Series	30	6	S.F.U.
"At Home" and Rehearsal	Arts Centre	Series	21	14	S.F.U.
Basics of Theatre	Arts Centre	Series	35	15	S.F.U.
Advanced Acting	Arts Centre	Series	35	24	S.F.U.
Theatre History	Arts Centre	Series	35	32	S.F.U.
Characterization	Arts Centre	Series	35	31	S.F.U.
Lighting W/S	Arts Centre	Series	24	11	S.F.U.
Audio Technical Skills	Arts Centre	Series	18	3	S.F.U.
Sceneshop Skills	Arts Centre	Series	18	1	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

FALL 1974

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	DEPARTMENT SPONSORING COURSE (IF APPLICABLE)	NATURE	HOURS	ENROL.	LOCATION
Simon Fraser Repertory Ensemble	Arts Centre	Series	50-350	32	S.F.U. and Off-campus
Introduction to Video	Arts Centre	Series	35- 80	19	S.F.U.
Continuing Video	Arts Centre	Series	50-300	17	S.F.U.
Aesthetics of Video	Arts Centre	Series	35	38	S.F.U.
Super 8mm Film	Arts Centre	Series	50	15	S.F.U. and Off-campus
16 mm Film	Arts Centre	Series	50-500	36	S.F.U. and Off-campus
Elementary Dance	Arts Centre	Series	39	34	S.F.U.
Intermediate Dance	Arts Centre	Series	65	27	S.F.U.
Advanced Dance	Arts Centre	Series	65	25	S.F.U.
Computing Centre Orientation	Computing Centre	Lecture	1 1/2	17	S.F.U.
Introduction to Major Software Packages in the Program Library	Computing Centre	Lecture	2	17	S.F.U.
Introduction to WYLBUR	Computing Centre	Lecture	2	20	S.F.U.
Introduction to SPSS	Computing Centre	Lecture	2	19	S.F.U.
Introduction to APL/SV	Computing Centre	Lecture	4	cancelled	S.F.U.
Intermediate APL/SV	Computing Centre	Lecture	2	cancelled	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF FACULTY

FALL 1974

12.

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
English 001-Writing	English Series	28	60	S.F.U.
Access to Information	Library Series	10	133	S.F.U.
Reading and Study 001 (8 week course)	Reading and Study Centre Series	24	205	S.F.U.
English Language Program	R. and S. Centre Series	approx. 69	39	S.F.U.
Typing Program	R. and S. Centre Series	24	35	S.F.U.
Rapid Reading for Business and the Professions	R. and S. Centre Series	16	30	S.F.U.
Mini Courses	R. and S. Centre Short Course	4	30	S.F.U.
Beginning Swim	Recreation Series	20	15	S.F.U.
Intermediate Swim	Recreation Series	20	18	S.F.U.
Competitive Swim	Recreation Series	10	1	S.F.U.
Adult Fitness	Recreation Series	50	42	S.F.U.
Beginning Yoga	Recreation Series	16	35	S.F.U.
Intermediate Yoga	Recreation Series	20	14	S.F.U.
Weight Training	Recreation Series	10	5	S.F.U.
Circuit Training	Recreation Series	40	10	S.F.U.
Golf	Recreation Series	20	9	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

FALL 1974

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
Gymnastics	Recreation Series	30	21	S.F.U.
Beginning Fencing	Recreation Series	10	31	S.F.U.
Intermediate Fencing	Recreation Series	10	3	S.F.U.
Karate	Recreation Series	40	22	S.F.U.
Mountaineering	Recreation Series	37	18	S.F.U.
Canoeing	Recreation Short Course	8	15	S.F.U.
Sailing	Recreation		13	
Skin Diving	Recreation Series	16	20	S.F.U.
Scuba	Recreation Series	24	18	S.F.U.
Sport Diving	Recreation Series	12	4	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY
 SPRING 1975

DEPARTMENT
 SPONSORING
 COURSE
 (IF APPLICABLE)

COURSE	DEPARTMENT SPONSORING COURSE (IF APPLICABLE)	NATURE	HOURS	ENROL.	LOCATION
Madrigal Singers	Arts Centre	Series	25	14	S.F.U. and Off-campus
Choir	Arts Centre	Series	18	15	S.F.U.
Voice Production and Sight Reading (Beginning)	Arts Centre	Series	24	23	S.F.U.
Language of Music	Arts Centre	Series	18	6	S.F.U.
Beginning Recorder	Arts Centre	Series	12	27	S.F.U.
Intermediate Recorder	Arts Centre	Series	12	4	S.F.U.
Advanced Recorder	Arts Centre	Series	24	1	S.F.U.
Renaissance Ensemble	Arts Centre	Series	30	6	Off-campus
"At Home" and Rehearsal	Arts Centre	Series	21	14	S.F.U.
Elementary Dance	Arts Centre	Series	26	59	S.F.U.
Intermediate Dance	Arts Centre	Series	65	23	S.F.U.
Advanced Dance	Arts Centre	Series	33	15	S.F.U.
Production W/S	Arts Centre	Series	approx. 185	19	S.F.U.
Basics of Theatre	Arts Centre	Series	35	22	S.F.U.
Lighting W/S	Arts Centre	Series	24	5	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

SPRING 1975

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	DEPARTMENT SPONSORING COURSE (IF APPLICABLE)	NATURE	HOURS	ENROL.	LOCATION
Simon Fraser Repertory Ensemble	Arts Centre	Series	50-350	26	S.F.U. and various off-campus locations
Introduction to Video	Arts Centre	Series	35- 80	19	S.F.U.
Continuing Video	Arts Centre	Series	50-300	9	S.F.U.
Video Forms	Arts Centre	Series	35	10	S.F.U.
16mm Film	Arts Centre	Series	50-500	18	S.F.U. and Off-campus
Super 8mm Film	Arts Centre	Series	approx. 50	15	S.F.U. and Off-campus
Computing Centre Orientation	Computing Centre	Lecture	1 1/2	10	S.F.U.
Introduction to Major Software Packages in the Program Library	Computing Centre	Lecture	2	3	S.F.U.
Introduction to SPSS	Computing Centre	Lecture	2	3	S.F.U.
Introduction to APL/SV	Computing Centre	Short Course	4	14	S.F.U.
Intermediate APL/SV	Computing Centre	Lecture	2	9	S.F.U.
English 001-Writing English	English	Series	28	50	S.F.U.
Access to Information	Library	Series	10	56	S.F.U.
Reading and Study 001 (8 week course)	Reading and Study Centre	Series	24	168	S.F.U.
Reading and Study Mini Courses	R. and S. Centre	Series	4	120	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

SPRING 1975

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	DEPARTMENT SPONSORING COURSE (IF APPLICABLE)	NATURE	HOURS	ENROL.	LOCATION
English Language Program	Reading and Study Centre	Series	approx. 69	28	S.F.U.
Typing Program	R. and S. Centre	Series	13 min. 39 max.	40	S.F.U.
Rapid Reading for Business and the Professions	R. and S. Centre	Series	16	32	S.F.U.
Lifesaving	Recreation	Series	20	21	S.F.U.
Adult Fitness	Recreation	Series	50	26	S.F.U.
Swim Fitness	Recreation	Series	50	25	S.F.U.
Beginning Yoga	Recreation	Series	16	34	S.F.U.
Intermediate Yoga	Recreation	Series	20	14	S.F.U.
Tai Chi	Recreation	Series	20	20	S.F.U.
Weight Training	Recreation	Series	10	3	S.F.U.
Circuit Training	Recreation	Series	40	4	S.F.U.
Golf	Recreation	Series	20	7	S.F.U.
Gymnastics	Recreation	Series	30	10	S.F.U.
International Folk Dance	Recreation	Series	20	18	S.F.U.
Beginning Fencing	Recreation	Series	10	25	S.F.U.
Intermediate Fencing	Recreation	Series	10	4	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

SPRING 1975

COURSE	DEPARTMENT SPONSORING COURSE (IF APPLICABLE)	NATURE	HOURS	ENROL.	LOCATION
Karate	Recreation	Series	40	17	S.F.U.
Skin Diving	Recreation	Series	16	25	S.F.U.
Scuba	Recreation	Series	24	23	S.F.U.
Downhill Skiing	Recreation	Series	6	179	Grouse Mtn.
Cross Country Skiing	Recreation	Series	20	144	Off-campus
Beginning Swim	Recreation	Series	20	19	S.F.U.
Intermediate Swim	Recreation	Series	20	20	S.F.U.
Advanced Swim	Recreation	Series	20	14	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

SUMMER 1975

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
Madrigal Singers	Arts Centre	21	15	S.F.U.
Choir (including Beginning Voice Production and Sight Reading)	Arts Centre	12	Choir cancelled 3 Beg. VP/SR	S.F.U.
Voice Production and Sight Reading - Beginning	Arts Centre	6	7	S.F.U.
Language of Music	Arts Centre	12	3	S.F.U.
Beginning Recorder	Arts Centre	6	5	S.F.U.
Intermediate Recorder	Arts Centre	6	3	S.F.U.
Advanced Recorder	Arts Centre	12	cancelled	
Renaissance Ensemble	Arts Centre	12	cancelled	
W/S in Contemporary Dance	Arts Centre	12	35	S.F.U.
Intensive Residency in Contemporary Cande	Arts Centre	approx. 175	46	S.F.U.
Basics of Theatre	Arts Centre	32	9	S.F.U.
Simon Fraser Repertory Ensemble	Arts Centre	50-350	29	S.F.U. and various Off- campus locations
<u>Video</u> - nothing offered during summer				
Scriptwriting Seminar	Arts Centre	min. 40	14	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

SUMMER 1975

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
Computing Centre Orientation	Lecture	14	14	S.F.U.
Introduction to Major Software Packages in the Program Library	Lecture	2	12	S.F.U.
Introduction to SPSS	Lecture	2	12	S.F.U.
Introduction to APL/SV	Short Course	4	13	S.F.U.
Intermediate APL/SV	Lecture	2	10	S.F.U.
Access to Information	Lecture	5*(2)	35	S.F.U.
Reading and Study 001 (8 week)	Series	24	87	S.F.U.
Reading and Study 001 (4 week)	Series	12	cancelled	S.F.U.
Reading and Study Mini Courses	Short Course	4	cancelled	S.F.U.
English Language Program	Series	40-60	17	S.F.U.
Beginner's Typing Program	Series	13-39	30	S.F.U.
M.B.A. Program	Series	16	cancelled	S.F.U.
Pilot Project in Beginning Typing for Elementary Ages Children	Series	24	9	S.F.U.
Beginning Swim	Series	12	15	S.F.U.
Intermediate Swim	Series	12	15	S.F.U.

STATISTICS - CREDIT-FREE COURSES: STUDENTS, STAFF, FACULTY

SUMMER 1975

DEPARTMENT
SPONSORING
COURSE
(IF APPLICABLE)

COURSE	NATURE	HOURS	ENROL.	LOCATION
Adult Fitness	Recreation	50	30	S.F.U.
Tennis	Recreation	20	96	S.F.U.
Mountaineering	Recreation	51	40	S.F.U. and Off-campus
Canoeing	Recreation	8	56	S.F.U. and Off-campus
Sailing	Recreation	36	16	Off-campus
Skin Diving	Recreation	16	25	S.F.U.
Scuba	Recreation	24	16	S.F.U.

CONTINUING STUDIES
PROGRAMS FOR SENIOR CITIZENS

ANNUAL REPORT - 1974-1975

This is the first year that Simon Fraser University has had a program concerned primarily with senior citizens. First and foremost, the purpose of the program has been to make educational opportunities available to older adults in Burnaby and adjacent communities. This is interpreted as not only taking the university to the community, but also involving senior citizens in the planning of their own courses and hopefully in the long run, integrating the senior students into the university setting. Our second purpose has been a more general one, that is, to bring the major issues of aging to the attention of the general public. This we have attempted to do through the Age of Options television show and through workshops especially tailored for community groups.

While significant inroads have been made in the program, it now seems appropriate for the University to open all of its programs to interested people over sixty on a no fee basis. Simon Fraser University will be one of the last universities in Canada to do so. In addition, the Dean of Continuing Studies might consider forming a committee of senior faculty members and administrators to determine the role of the university in serving the needs of the older adult. The direction of the University regarding community education as it relates to older adults is an important decision that has ramifications for many aspects of the University; such a program will need the understanding and support of the entire institution.

I. Credit-Free Program

Beginning in February we offered twelve credit-free courses designed especially for senior citizens as part of the overall credit-free program. The courses were free to people over sixty, and with one exception, were held in the community at places convenient to senior citizens (see Appendix I).

"Creative Writing" was our most popular course, with three sections required. "Research Methodology", a course that many anticipated would not interest seniors, drew a strong response and indicates that there are many senior citizens who want to acquaint themselves with the university and its research facilities. In addition, three senior students were admitted on a special basis to the summer "Reading and Study Skills" program.

Indications are that many senior students would like to have library cards and avail themselves of the library facilities at Simon Fraser University. In the future, I hope that some arrangement can be made so that senior students can readily obtain library privileges.

New Horizons Program: When it was decided, because of budgetary reasons, to discontinue the present credit-free programming in the community, a committee of senior citizens was formed to seek funding from the federal government's New Horizons Program to continue the previously successful credit-free courses for older adults. The group is asking for funds in order to offer credit-free programs, free to seniors, in cooperation with Simon Fraser Continuing Studies. They will be notified of the success of their grant application sometime in November.

II. Age of Options Television Show

The other major project undertaken by the Coordinator of Programs for Senior Citizens this year was the Age of Options television show for senior citizens. Production of the show began in the fall of 1974; the first broadcast was on January 7, 1975. There were eighteen broadcasts until the show went off the air on May 6th. Appendix II is a list of the shows broadcast. Those starred have been saved for re-broadcast.

Distribution: The Audio-Visual Centre is looking into the possibility of distributing the video tapes from the Age of Options T.V. show. Requests from across North America regarding the show and the availability of the programs have been received. Where possible, we are arranging for half-inch video copies of programs to be packaged for purchase at the cost of the tape.

Professions for Tomorrow Student Employment Program: With a grant from the Department of Labour this summer, we were able to hire three Communication Studies students to help produce programs for the television show. Rhonda Hammer (graduate student), Andrew Seary (graduate student), and Cathy Olsen (fourth year student) researched, scripted, edited and produced twelve television shows on topics relevant to senior citizens. Their shows will be aired on Cable 10 every Tuesday night at 7:00, and repeated on Fridays at 7:00 p.m., beginning September 9 (see Appendix III).

New Horizons Program: It is hoped that the management of the Age of Options T.V. show will soon be taken over by a committee of senior citizens who, with the help of a New Horizons grant, will be able to hire a technically qualified director/producer. The committee is seeking a total of \$19,700 and should know by the beginning of October whether or not they have been successful in their application.

III. Diploma Program for Senior Citizens

We are in the process of developing a proposal for a credit, no fee, Diploma Program for older adults. The program would involve five core courses of an interdisciplinary nature, three of which would be required. The complete Diploma Program would require a total of thirty semester hours. The plan is to locate the core courses in the community with the hope that senior students will gradually be integrated into the University for the remaining courses.

English 101: As a pilot project we are offering one of the core courses in the proposed Diploma Program this fall. The course, "Introduction to Fiction", is being held at Edmonds House on Tuesday and Thursday afternoons. Mr. Kenneth Conibear, M.A., novelist, is the instructor, with Mildred Wirtanen, B.A., and M.A. candidate, acting as Teaching Assistant. The course has an enrollment of forty-one students, two of whom are unofficially auditing the course (see Appendix IV).

IV. Conferences and Workshops

Awareness Conference on the Importance of Pre-Retirement Training: In cooperation with the Canadian Labour Congress and B.C. Federation of Labour we are hosting a two-day workshop on October 18 and 19 at Simon Fraser University for representatives from trade unions and labour councils. The program is an awareness conference on the subject of pre-retirement planning. Its purpose is twofold: 1) to make union members aware of the importance of retirement planning and the major issues involved; and 2) to give the participants an idea of how to organize a pre-retirement program and a post-retirement program in their local community, union, or labour council. We expect one hundred participants.

Meeting the Challenge of Working With the Older Adult:

With funds from the Leon and Thea Koerner Foundation and support from the Kellogg Foundation, we are sponsoring a three-day workshop in cooperation with Douglas College on October 16, 17, and 18 for professionals in the Burnaby community who work with older adults. The purposes of the workshop are: 1) to look at some of the social and psychological aspects of aging; and 2) to give the participants some basic adult education skills to do in-service training for the staff they supervise. Some of the topics include physical growth and decline, self concept and identity, grief, loss, and death. The workshop will be held at the New Vista Society's personal care home on Rosewood Street in Burnaby.

Ann Harley, Coordinator
Programs for Senior Citizens
September 1, 1974 - August 31, 1975

PROGRAMS FOR SENIOR CITIZENS: COURSES OFFERED, 1975

<u>COURSE TITLE</u>	<u>TERM</u>	<u>NATURE</u>	<u>TIME</u>	<u>HOURS</u>	<u>NO. REG.</u>	<u>LOCATION</u>	<u>INSTRUCTOR</u>
3001-Intro. to Sculpture	Spring	Series	Day	16	22	Seton Villa	H. Miller
3002-Explorations and Sharing: Creative Writing	Spring	Series	Day	12	17	Seton Villa	K. Gose
3003-Armchair Travellers: Windows on Latin America	Spring	Series	Evening	9	50	Seton Villa	A.M. Quiroz
3004-New Dimensions in Photography	Spring	Series	Evening	16	33	Edmonds Hse.	D. Devenyi
3005-Research Methodology	Spring	Series	Day	16	22	Edmonds Hse. Campus	J. Ellis; Library Staff
3006-Readers Theatre	Spring	Lecture	Day	4	20	Edmonds Hse.	A. Gilles
3007-Active Listener: A Music Appreciation Workshop	Spring	Series	Day	12	19	James Cowan Theatre	E. Silverman
3008-French Conversation	Spring	Series	Day	10	17	Heritage V.	M. Sanscartier
3009-Explorations in Sharing: Creative Writing	Spring	Series	Day	12	14	Heritage V.	B. Schillinger
Creative Writing (with Community Centred College for the Retired)	Spring	Series	Day	14	16	Edmonds Hse.	M. Gleeson
Reading and Study Skills	Summer	Lecture	Day	18	3	Campus	Reading and Study Centre
Interview Skills	Summer	One-Day Workshop		5	18	Campus	Chuck Davis

AGE OF OPTIONS

Programs

Tuesday evenings, 7:00 - 7:30 p.m.,
Cable 10 television,
January 7, 1975 through May 6, 1975

Aging and Hearing Loss - Jane Hastings, Ph.D., Consulting
Psychologist

- * January 7 Hearing Loss and the Ear
 - parts of the ear
 - how and where various hearing problems occur

- * January 14 The Nature of Sound and Hearing Levels
 - the relationship of people to noise
 - the interaction between hearing loss and sound perception

- * January 21 Hearing Tests and Hearing Aids
 - what is a test?
 - where to get one
 - how to select a hearing aid

- * January 28 Aging and Hearing Problems
 - social and emotional problems
 - what the individual can expect from family, friends and society

- * February 5 Coping with Hearing Loss
 - strategies: from head phones to militancy

National Film Board Movies

- February 11 "Nell and Fred"

- February 18 "Wilf"

- February 25 "Where Mrs. Whalley Lives"

Financial and Estate Planning for Senior Citizens

- March 4 An interview with Mrs. A.E. Chapman, Consultant

- March 11 How to Make a Will
 - Mrs. A.E. Chapman visits a lawyer (Mr. Bice)

- March 18 Mrs. A.E. Chapman talks with a funeral director (Ron Young)

- March 25 Mrs. A.E. Chapman talks with a banker (Jim McLure) and Mr. Schram from MINCOME

Volunteer Grandparents

* April 1 Volunteer Grandparents, made by Dani Singer and Rick Amara of the Video Workshop, S.F.U.

Volunteer Opportunities for Seniors

April 8 With Carolyn Reynolds of the Volunteer Bureau (includes senior citizens from 411 Dunsmuir, and Tom Alsbury and the Rhythm Rascals at Fairhaven)

April 15 No show

Growing Old in China

* April 22 Vera Rosenbluth interviews Earl and Katherine Wilmott (includes slides and black and white pictures)

Services for Seniors in the West End

April 29 Vera Rosenbluth visits with Human Resource personnel involved with seniors

Health Care and Safety

May 6 St. John Ambulance course on health care and safety; Vera Rosenbluth interviews Marilyn Webb and Anne Jack; shots of seniors in course

AGE OF OPTIONS

(PREPARED DURING SUMMER 1975;
(TO BE AIRED SEPTEMBER THROUGH NOVEMBER 1975)

September 9, 1975

Title: NEW HORIZONS
Theme: An information packet and overview of the New Horizons Program as it is and has been operating in Vancouver and British Columbia.
Development: Coverage of the New Horizons Festival held at the University of British Columbia, July 19 and 20, 1975.
People: Ivor Harries, senior interviewer
Attorney General Alex MacDonald
Pat Fulton, New Horizons
Various people involved in the projects

September 16, 1975

Title: LET'S GO FISHING
Theme: Opportunities for recreational fishing around Vancouver, featuring the Golden Rods n' Reels Club.
Development: Shot on location at Duncan Bar on the Fraser River, and at Horseshoe Bay.
People: Ted Peck and Paula Polson, members of the Golden Rods n' Reels Club
Cathy Olsen, interviewer, summer student
Gary Karlsen, interviewer, summer student

September 23, 1975

Title: DO YOU KNOW WHAT'S IN YOUR MEDICINE CABINET?
Theme: Information and some controversy on the problem of self-medication.
Development: A studio panel discussion among doctor, pharmacist, nurse, educator on topics such as over-medication, how to self-medicate, etc.
People: Dr. Larry Corbin, pharmacist
Stephanie Grassit, nurse, senior residence
Marilyn Webb, St. John Ambulance, interviewer for studio
Dr. Clyde Slade, doctor

September 30, 1975

Title: SPECIAL DISPENSATION

Theme: The changing role of the pharmacist in the care for the elderly.

Development: Looks at the changing role of the pharmacist as a necessary response to the problems mentioned the week before. Interviews with pharmacists, social workers, a look at some systems for helping seniors self-medicate, e.g. drug profiles, unit dose, computers.

People: Larry Thorne, pharmacist
Bob Mason
Ann Smith
Nick Otten, pharmacist
Dr. R. Foulkes, consultant to provincial government regarding health security
Andrew Seary, interviewer for remote, summer student

October 7, 1975

Title RECREATION CENTRES FOR SENIORS

Theme: Information and overview of various types of centres and activities available for seniors in Vancouver.

Development: Shot in studio and on location at Edmonds House in Burnaby.

People: Dee Kelsey, senior interviewer
Edna Keenan, New Moon Project
Sheila McDiarmid, 411 Dunsmuir Centre
Coreen Parrot, Edmonds House

October 14, 1975

Title: FACING DEATH

Theme: Planning for death, accepting it, problems in institutions.

Development: Studio panel discussion among pastor, social worker, funeral society director, slides and video inserts.

People: Bob Fredericks, host
Noreen Foster, Coordinator of Volunteers for Nursing Homes, Vancouver Resource Board
Rev. Tom Bulman, Pastoral Institute
Mr. Darvey, Director, First Memorial Society

October 21, 1975

Title: SENIORS IN INSTITUTIONS, PART I

Theme: Pros and cons of putting the aged in institutions, e.g. intermediate and extended care. Some controversy, some information, some de-mystifying.

Development: Starts with comments from psychologists, government planners, social workers, doctors, then follows with a visit to an intermediate care facility. Interviews with staff and residents for both shows conducted by a senior.

People: (For both shows)
 Bet Starkey, senior interviewer
 Dr. R. Foulkes, consultant to provincial government regarding health security
 Michael Audain, author of "Beyond Shelter"
 Sheila McDiarmid, 411 Dunsmuir Centre
 Gloria Gutman, psychologist, U.B.C.
 Ms. Pattinson, Burnaby General Hospital
 Mrs. McMaster, Burnaby General Hospital
 Mr. Wand, Dogwood Lodge
 Ms. Haynes, Dogwood Lodge

October 28, 1975

Title: SENIORS IN INSTITUTIONS, PART II

Theme: As in Part I.

Development: Starts with a quick reprise of the professionals' comments, then a visit to an extended care facility. Ends with comments on possible alternatives.

People: As in Part I.

November 4, 1975

Title: ALL TOGETHER NOW

Theme: Examines the philosophy behind segregated housing for seniors.

Development: Interviews with people connected with the planning, evaluation, and actual running of senior citizen complexes.

People: Michael Audain, author of "Beyond Shelter"
 Richard Foulkes, consultant to provincial government regarding health security
 Gloria Gutman, psychologist, U.B.C.
 Alan Robinson, administrator, New Vista Society
 Andrew Seary, interviewer, summer student

November 11, 1975

Title: OPTIONS ON RETIREMENT

Theme: On housing, on grandchildren....a survey of problems and solutions for the retired.

Development: A discussion of problems facing retired people from the perspective of those directly involved and/or concerned with this issue. Included is a visit to a mobile home park.

People: Leonard Cox, James Bay Drop-In Centre
 Grace Sears, James Bay Drop-In Centre
 Sheila McDiarmid, 411 Dunsmuir Centre
 Gloria Gutman, psychologist, U.B.C.
 Alan Robinson, administrator, New Vista Society
 Dallas Smythe, economist, S.F.U.
 Tony Wilden, Communication Studies, S.F.U.
 Lillian Carson, senior citizens
 Claire Morrison, senior citizen

November 18, 1975

Title: A POSSIBLE SOLUTION

Theme: A look at the James Bay Community in Victoria as a possible prototype for the future.

Development: A series of interviews with members of the James Bay community, along with visual documentation of the area.

People: Richard Foulkes, consultant to provincial government regarding health security
 Bob Dell, James Bay Community administration
 Carol Swanky, James Bay Community administration
 Members of the New Horizons James Bay Community Centre

November 25, 1975

Title: WHO SAYS CAMPING IS JUST FOR KIDS?

Theme: Information and overview of organized camp facilities for seniors in the greater Vancouver area.

Development: Shot on location at Camp Madawaska, Burnaby Lake; Camp Alexandria, Crescent Beach; and Camp Capiliano, North Vancouver.

People:

Marty Barber, senior interviewer
Ivor Harries, senior interviewer
Joyce Mason, Camp Alexandria
Wayne Pelow, Camp Madawaska
Jack Way, Camp Capiliano
Cathy Olsen, interviewer, summer student

OFFERS



SIMON FRASER UNIVERSITY, BURNABY, B.C. CANADA V5A 1S6 291 3111

ITS FIRST UNIVERSITY CREDIT COURSE
DESIGNED ESPECIALLY FOR SENIOR CITIZENS

INTRODUCTION TO FICTION (ENGLISH 101)

DESCRIPTION: What are novels? Why do people read them? Why do people write them? Why do universities study them? What is there in them for all people, of all ages? In search of some answers to these questions, 10 modern novels will be studied in this course, some British, some American, some Canadian; some mystery, some science fiction, some adventure, some pioneer, some merely - or supremely - human.

(FOR STUDENTS 60 AND OLDER; NO FEES; ENROLLMENT LIMITED TO 30)

INSTRUCTORS: KEN CONIBEAR, M.A., Oxford University, 1962; teaches Expository Writing at SFU; author of three novels.

MILDRED WIRTANEN, B.A., Simon Fraser Univ., 1971; M.A. Candidate and Teaching Assistant, SFU.

TIME: 2:30 to 4:30 p.m., every Tuesday and Thursday
September 9 through December 4, 1975

PLACE: Edmonds House
7282 Kingsway, Burnaby

REGISTRATION: Pre-registration by mail. Formal registration at first meeting of the class on September 9.

INFORMATION: Call Continuing Studies, 291-4304

PRE-REGISTRATION FORM: INTRODUCTION TO FICTION (ENGLISH 101)

NAME _____

ADDRESS _____

PHONE _____

RETURN TO:

Carol Knight
Prog. for Senior Citizens
Simon Fraser University
Burnaby 2, B.C.

