

Designs for Learning: Physical Education

Elementary/P.E. Minors

Summer Session, 1984

Instructor: Dr. Glenn Kirchner

Mondays, Wednesdays, 8:30 - 12:20

Location: on campus

Course description:

Emphasis in this course will be devoted to the teaching strategies that are used to teach physical activities to children in the primary and intermediate grades. The course will include such topics as curriculum design, unit and theme preparation, teaching strategies and techniques. This course will also include practical sessions in a wide variety of activities that are taught in the elementary school physical education program.

Topics:

1. curriculum design
2. teaching strategies
3. fitness and posture
4. active health
5. integrating physical education with other subjects
6. intramural and extra class programs
7. teaching game activities
8. teaching dance activities
9. teaching gymnastics activities

Textbook: (required)

Kirchner, Glenn. Physical Education for Elementary School Children.  
(5th edition) 1981.