

Education 479-4
Designs for Learning: Physical Education
(Elementary)

FALL, 1986
Mondays, 4:30 - 8:30

Instructor: Dr. Ian Andrews
Location: MPX 7541

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Overview of Course:

The course is designed to assist teachers in planning and implementing physical education programs for the elementary grades in B.C. schools. The curricular organizing principles of the course are threefold:

- (1) To provide teachers with a theoretical understanding of different approaches to curriculum development, instructional strategies, and pupil assessment as it applies to physical education.
- (2) To examine various practical applications of those theoretical perspectives listed in (1).
- (3) To investigate methods of self directed learning and peer supervision that will encourage teachers to extend their professional development in physical education.

Curricular Content:

Topics such as creative games, folk dance, gymnastics, individual pursuits and team activities, integrating physical education with other subjects, intramural activities, active health, and daily physical education will be included in the curricular content.

Assignments:

1. Develop an instructional plan that will identify a program of physical education activities for pupils appropriate to the teacher's professional assignment or interest. A theoretical rationale, various teaching and pupil assessment strategies, and a program evaluation procedure will be included in the plan. (30%)
2. Present a micro lesson of 20 minutes highlighting a specific instructional focus. The other members of the course will participate in the lesson; also a teacher in the course will observe the the teachers' instructional activities within the micro lesson. (20%)
3. Undertake weekly readings of which two will be critiqued in written form. Choice of two readings will be left to the individual teachers. (20%)
4. Prepare a five month instructional action plan. This plan will include a general outline of a balanced instructional program that will reflect curriculum content examined in this course. A self evaluative or peer supervision plan will also be included. (30%)

or

A second unit as described in assignment #1 but in a different instructional area of the physical education curriculum. (30%)

Required Text:

Kirchner, Glenn. (1985). Physical Education for Elementary School Children (6th edition)
W.M.C. Brown Co., Dubuque Iowa.

Recommended Texts:

Kirchner, G., Cunningham, J., and Warrell, E. (1979) Introduction to Movement Education.
(2nd Edition) W.M.C. Brown Co.

Kirchner, G. (1981) Sequential Unit, Theme and Lesson Plans. W.M.C. Brown Co.