

**SIMON FRASER UNIVERSITY  
SUMMER SESSION 2005**

**EDUC 487-4  
SPECIAL TOPICS: COMPREHENSIVE SCHOOL HEALTH  
EDUCATION PLANNING  
(E01.00)**

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MONDAY/WEDNESDAY 17:30-21:20 in WMC 2507

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**PREREQUISITE: 60 credit hours**

**Course Description**

Comprehensive School Health Education is the term used in Canada to refer to school based curricula, services and other activities and policies promoting health in the school community. In British Columbia, the curriculum component exists in the form of Personal Planning (Elementary) and Career and Personal Planning (Secondary). In Canada, health education frequently is viewed in context of the broader frameworks of population health, public health and health promotion. It subsists in some form in all provinces and territories, sometimes alone, sometimes allied with other subjects such as physical education, science or guidance. In the past, little specific pre-service training has been available for teachers who will be expected to health education. This course is intended to provide some of that training by assisting students in formulating and designing a plan for comprehensive school health promotion that fits with prescribed learning outcomes while meeting local and individual needs and preferences.

After reviewing basic concepts in health education and population health promotion, students will design a health education unit for a grade level and thematic or content area of their choosing. They will work from beginning to end, choosing a planning framework from among several that are available and working through the tasks that will lead to a cohesive program of study. The planning process will include organizing around content or theme; identifying prescribed and desired outcomes; generating specific learning and action outcomes; coordinating the unit with community resources and efforts, school services and environments; developing best practice and evidence based learning activities to meet the desired outcomes; tying the unit into other subject areas for synergy in learning, finding ways to challenge students; and evaluating outcomes appropriately.

**Course Objectives:**

As a result of the course, students will:

1. Demonstrate understanding of basic concepts in health education, population health

and health promotion in Canada.

2. Identify different planning frameworks and their advantages and disadvantages.
3. Apply one or more of these frameworks in creating a unit of study in elementary or secondary health education

**Text:** To be announced. Required readings as noted in syllabus. These will be available as a course packet and in many cases electronically.

**Return to Education's Undergraduate 2005-2 Course Outlines Main Page.**

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