

EDUCATION 425-4

COUNSELLING FOR THE CLASSROOM TEACHER

Spring, 1987
Thursday, 4:30 - 8:20
Location: MPX 9511

Instructor: Dr. A. Horvath
Office: MPX 8546
Phone: 291-3624

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Prerequisites:

60 hours of credit. Educ. 220 or Psych. 101, or equivalent, or permission of instructor.

Course Description:

This course is intended for senior students or practicing teachers who wish to explore the area of school counselling and develop some counselling skills that can be applied within the classroom setting. A combination of lectures, discussions, practice exercises and seminars will be used to explore such topics as: the role of the counsellor on the school, different models of counselling, effective helping skills, the use of group discussion to promote affective development, the use of standardized tests as an aid to counselling, and vocational counselling.

Course Requirements:

1. Change project and paper 30%. (Identification of a desirable change in one's own life and a diary of application of some of the counselling skills learned in class to this issue).
2. Research task and class presentation 30%. (Exploration of a specific target problem in counselling, and presentation in class of your findings).
3. Short multiple choice exams (2) based on class content; 12% each.
4. Class participation 16%.

Text (Required):

Thompson, C.L., & Rudolph, L.B. (1983). Counselling Children. Monterey: Brooks/Cole.

(Additional Resources)

Allan, A.B., & Nairne, J. (1984). Class Discussions for Teachers and Counsellors in Elementary School. Toronto: U. of Toronto.

Fisch, R., Weakland, J.H., & Segal, L. (1982). The Tactics of Change: Doing Therapy Briefly. San Francisco: Jossey-Bass.

Martin, J., & Hiebert, B.A. (1985). Instructional Counselling: A Method for Counsellors. Pittsburgh: University of Pittsburgh.