

Interession 2003

EDUC 459 - 4

**Instructional Activities in
Physical Education
D01.00**

Rebecca Lloyd

Office: TBA

Phone:

E-mail: rjlloyd@sfu.ca

Tuesday/Thursday 8:30-12:20
EDB 7540

PREREQUISITE:

Educ 401/402

This course will prepare you for understanding movement from a theme, skill, and function perspective. In combination with the Ministry's Integrated Resource Package, recommended text, handouts, and interactive teaching experiences, you will learn the main principles of teaching physical education for kindergarten and up to grade 12.

CONTENT

The content of the course will focus on the broad understanding of movements associated with children's play. A "ground up" approach of grouping these movements into games, sports, gymnastics, and dance will assist you in seeing the relationship between movement themes and lesson plans. Your approach to teaching in this course will be influenced by your recollected memories of physical education as well as your constructed classroom experiences.

ASSIGNMENTS

1. Significant Physical Experience: Recall a childhood or teaching "movement situation" that had a significant positive or negative effect on you. Describe the actual situation as vividly as possible in 3 pages or less and draw out the implications of this situation for teaching children. Due first week of class (20%).

2. Activity Log: Find a means of introducing physical activity or physical awareness into your daily routine. Present three updates of this activity log, indicating your quantitative, qualitative and experiential progression. Reflect on the significance of this physical engagement (20%).

3. Instructional Plan: Develop an eight-lesson teaching unit to a particular grade level which incorporates the instructional principles taught in this course. Due last day of course (40%).

4. Peer Teaching: In a group of four, teach a movement theme that applies to games, sport, dance, and gymnastics components in the Ministry's IRP curriculum. Submit a one-hour lesson plan at the time of delivery (10%).

5. Class Participation: Participation is a vital part of this course (10%).

RECOMMENDED READINGS

Kirchner, G. & Fishburne, G.J. (1998) Physical Education for Elementary School Children with Lesson Plans and Powerweb: Health and Human Performance, 10th ed. WCB/McGraw Hill: Boston, Mass.

British Columbia Ministry of Education. Integrated Resource Package: Physical Education K-7, 8-10 & 11 & 12. Victoria, BC: Author. [available on-line at <http://www.bced.gov.bc.ca/irp/>]