

SIMON FRASER UNIVERSITY: FALL SEMESTER 2008
EDUC 371-W
SCHOOL HEALTH EDUCATION
E100

Professor: Dr. Sandra Vamos
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Time: Wed. 16:30 – 20:20 WMC 2503



PREREQUISITE: 60 Credit Hours

COURSE DESCRIPTION:

This course provides a general understanding of health concepts, health behaviours, and health concerns of school-aged children and at-risk youth. It provides the background information, content, and skills that both prospective teachers and interested community members need to help implement comprehensive school health education in the schools. State-of-the-art information is provided on fundamental health content, safe and healthful school environment, coordinated school health programs, and instructional strategies and technologies to promote health within the school and community engaging all levels of stakeholders. Students will have the opportunity to achieve personal health literacy, while being committed to promoting student health literacy.

EVALUATION CRITERIA:

- ✓ Health Literacy Portfolio & Class Participation (20%) – reflective journey of EDUC 371 based on attendance, health education critiques, class participation, activities/discussion, homework tasks
- ✓ Innovative Coordinated School Health Strategy & Presentation (25%)
- ✓ School Health Education Report (25%)
- ✓ Tests (30%) - Test #1: Interdisciplinary & Coordinated Perspectives (15%)
- Test #2: Health Education Themes (15%)

REQUIRED TEXT:

Meeks, L., Heit, P., & Page, R. (2006). *Comprehensive school health education*. (5th edition). New York: McGraw-Hill Higher Education. – Available in bookstore.

RECOMMENDED TEXT:

American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5th ed.). Washington, DC: Author.

Please Note: Additional Required Readings will be assigned during class sessions and will be available in hard copy, online, and/or on-reserve in the library. Photocopies of required readings and materials will be distributed in class and a fee of \$10 charged. You should make payment for photocopies by cheque payable to Simon Fraser University due week two.

Course outline is subject to change.