

**SIMON FRASER UNIVERSITY  
FALL SEMESTER 2007**

**EDUC 371-W  
SCHOOL HEALTH EDUCATION  
E100**

**Professor: Dr. Sandra Vamos  
Office: EDB 8558  
Work Phone: 778-782-7224**

**Time: Tuesday 17:30 – 20:20**

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**PREREQUISITE:** 60 Credit Hours

**COURSE DESCRIPTION:**

This course provides a general understanding of health concepts, health behaviours, and health concerns of school-aged children and at-risk youth. It provides the background information, content, and skills that both prospective teachers and interested community members need to help implement comprehensive school health education in the schools. State-of-the-art information is provided on fundamental health content, safe and healthful school environment, coordinated school health programs, and instructional strategies and technologies to promote health within the school and community engaging all levels of stakeholders. Students will have the opportunity to achieve personal health literacy, while being committed to promoting student health literacy.

**EVALUATION CRITERIA:**

- ✓ Critical Thinking Journal – reflective journey of EDUC 371 based on attendance, class participation in lecture, activities/discussion (10%)
- ✓ Did You Know: Part A - The Portfolio (5%)  
: Part B – Innovative Coordinated School Health Strategy Presentation (20%)
- ✓ School Health Education Report (25%)
- ✓ Tests (40%) - Test #1: Interdisciplinary & Coordinated Perspectives (15%)  
- Test #2: Health Education Themes (25%)

**REQUIRED TEXT:**

Meeks, L., Heit, P., & Page, R. (2006). *Comprehensive school health education*. (5<sup>th</sup> edition).  
New York: McGraw-Hill Higher Education. – Available in bookstore.

Additional Readings may be assigned during class sessions and will be available in hard copy, online, and/or on-reserve in the library.