

**SIMON FRASER UNIVERSITY
SPRING SEMESTER 2006**

**EDUC 328-3
CAREER EDUCATION & CAREER COUNSELLING
(E02.00)**

Natalee Popadiuk
email: natalee_popadiuk@sfu.ca

WEDNESDAY 17:30-20:20 EDB 7600

PREREQUISITE

EDUC 220 or EDUC 401/402

DESCRIPTION

This course is designed to provide students with a comprehensive introduction to both the theoretical and practical aspects of career development. What does it mean to have a career? How do people end up working in different jobs? What work-related issues concern people at different life-stages? How can teachers and counsellors provide quality career services to their students and clients? These are the types of questions that will be discussed in this class. In addition, diversity and contextual issues will be explored, including career issues related to gender, ethnicity, ability-levels, and social class. There is a large experiential component in this course and students will be expected to apply theoretical concepts to their own process of career development.

OBJECTIVES

Upon completion of this course, it is expected that students will be able to:

- understand the different theoretical constructs of career development
- compare, contrast, and critically evaluate career development theories
- provide examples of how career development theories are implemented in educational and counselling contexts
- explain how the career development process and career needs can vary amongst diverse populations
- apply theoretical concepts to understand their own and others' career paths.

COURSE REQUIREMENTS

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| 1. Mid-term exam | 25% |
| 2. Vocational autobiography paper | 25% |
| 3. Career Fair Project | 25% |
| 4. Final exam | 25% |

Paper Overview:

Students will write a vocational autobiography addressing their own career development. A career theory will be used as the basis for this exploration. The intent of this paper is to provide students with the opportunity to apply theoretical concepts to the reality of a particular life experience.

Career Fair Project

In groups of 3 or 4, students will choose a career-related topic to research and then they will present the information in the form of a 3-panel poster board display. The research will include literature searches, interviews with people or agencies, internet searches, etc. Displays must be informative, visually appealing, engaging and interactive, and include a poster board, written handout, game or other interactive component, relevant objects, a running video or DVD, metaphors or stories, photos, etc. Possible topics must be related to career counselling issues, and may include inquiries into, "Culture and Career Expectations," "Women's Dilemmas in Choosing Careers," or "Using Technology in Career Counselling." We will hold a Career Fair for our class and invited others to showcase these projects.

REQUIRED READING

Amundson, N. E., Niles, S. G. & Harris-Bowlsbey, J. (2005). Essential elements of career counseling: Processes and techniques. New Jersey: Prentice Hall.

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