

Education 459-4

Instructional Activities in Elementary Physical Education

P.E. Minors only

Intersession, 1984

Instructor: Mary Tomlinson  
and Faculty

Tuesdays, Thursdays, 1:00 - 4:50

Location: on campus

Pre-requisite: 401/2 and P.E. minors.

COURSE OBJECTIVES:

1. To examine, in detail, activities related to the elementary school curriculum in the areas of: games, gymnastics, dance, track and field, orienteering.
2. To examine the importance of physical education in the school curriculum.
3. To increase personal skill in these activities and develop a better understanding of their practical application to teaching children.

REQUIREMENTS:

1. Practical presentation of ideas for a dance unit.
2. Practical presentation of a gymnastics sequence using large equipment.
3. Quizzes and weekly reading assignments.
4. Planning a year's curriculum for one grade in elementary school:  
Calendar and Rationale.

REQUIRED TEXTS:

1. Kirchner, G. Physical Education for Elementary School Children.  
Dubuque, Iowa: Wm. C. Brown Co. Pub., 1966.
2. Graham, George; Holt/Hale, Shirley Ann; McEwen, Tim; Parker, Melissa.  
Children Moving: A Reflective Approach to Teaching Physical Education. Palo Alto, California: Mayfield Pub. Co., 1980.