

Education 425-4 Counselling for the Classroom Teacher

SPRING, 1984

Mondays, 4:30 - 8:30 p.m.

LOCATION: on campus

INSTRUCTOR: Dr. Joan Neehall

Office: MPX 9614

Phone: 291-3591

Office hrs.: Mondays: 2:30 - 4:30 p.m.

COURSE DESCRIPTION:

This course is intended for senior students or practising teachers who wish to explore the area of school counselling and develop some counselling skills that can be used within the classroom setting.

FORMAT:

A combination of lectures, discussion, and practice exercises will be used as a means for exploring such areas as: the role of the school counsellor, counselling systems, vocational counselling, use of standardized tests as an aid to counselling, affective communication skills, and affective development. Students are expected to have done assigned readings before the class sessions.

COURSE OBJECTIVES:

1. To increase the student's awareness and flexibility in becoming a change agent.
2. To provide an overview of the major theoretical perspectives that form the substantive basis of counselling psychology.
3. To instruct the student in some generic counselling skills at the introductory level.

COURSE OUTLINE:

1. Counselling in the school.
 - roles of the school counsellor
 - the classroom teacher as counsellor
2. Approaches to counselling.
3. Developing basic counselling skills.
4. Vocational development.
5. Use of standardized tests.
6. Affective development.
7. Developing student potential.
8. Developing self-concept and personal coping.
9. Use of referral services.
10. Ethical considerations.

A detailed course itinerary will be provided on the first class session, January 9th, 1984.

COURSE ASSIGNMENTS AND EVALUATION:

1. Minor paper - value 20% - 5 to 8 pages
Elaborating one theoretical approach to counselling according to guidelines to be distributed in class.
2. Major paper - value 40% - 12 to 15 pages
Reviewing one counselling intervention/program suitable for classroom implementation.
Guidelines to be distributed in class.
3. Final exam - value 40% - covering the entire course.

COURSE TEXTBOOKS:

Martin, J. & Hiebert, B. Instructional Counselling. Vancouver, B.C.: U.B.C., Centre for Studies in Curriculum, 1982.

George, R. & Cristiani, T. Theory, Methods, and Processes of Counselling and Psychotherapy. Englewood Cliffs, N.J.: Prentice-Hall, 1981.

RECOMMENDED:

Ivey, A.E. & Simek-Downing, L. Counselling and Psychotherapy: Skills, Theory and Practice. Toronto: Prentice-Hall, 1980.