
Intersession 2001

EDUC 459 - 4
Instructional Activities in
Physical Education
D02.00

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Tuesday & Thursday 13:00-16:50
in EDB 7540 (mini gym)

PREREQUISITE

Educ 401/402

COURSE DESCRIPTION

The main focus of this course is on games, gymnastics, dance and athletics components of the elementary school curriculum. Through a variety of activities, students will acquire practical competence in teaching physical education and come to a deeper understanding of principles involved in and underlying the teaching and encouragement of physical confidence and competency in children.

CONTENT

Practical sessions in the gymnasium will be used as a way to illustrate, and for students to experience, the kinds of activities that can be done in physical education. These sessions will provide for our deliberations on best curriculum and instructional practices. The premise of the course is that 'experience is the best teacher' and that one's constructed, recollected experiences of movement provide for the most meaningful guide to organizing and facilitating the movement experiences of children.

ASSIGNMENTS

- 1) Small paper: In no more than three pages, describe a movement situation that profoundly affected you, whether in a positive or negative way. This situation may be a recollected experience from your childhood, or may refer to a more recent experience in your teaching practice. Describe the situation as vividly as possible and reflect on the importance and implications of the experience for advancing movement experiences in children.
Due May 24 (20%)
- 2) Activity Journal: Introduce or expatiate on physical activity into your daily routine or extend a sense of physicality into your day-to-day life. Present the first and last pages of the journal, indicating your intention, your accomplishment and your increased understanding of the significance of physical engagement in day-to-day experience.
Due final week of class (20%)
- 3) Instructional Plan: Develop an eight-lesson unit geared toward a particular grade level, which incorporates the instructional principles taught in this course. Consider in particular a 'ground up' sequence of movement possibilities and a coherent thematization of desired movement experiences.
Due final day of classes (40%).
- 4) Peer teaching: Teach a one-hour movement class devoted to dance, games or gymnastic components of the elementary curriculum. At the time of lesson delivery, a lesson plan of the peer-teaching class is submitted (10%)
- 5) Class Participation: Thoughtful, consistent participation in the activities is an essential part of the course and the quality of cooperation in these activities will be assessed (10%)

RECOMMENDED TEXT

Kirchner, G. Physical Education for Elementary School Children, 10th ed. Madison, WI: Brown and Benchmark

In addition, there will be a \$10,00 charge to cover the costs of photocopied material.