

 SFU

FACULTY OF EDUCATION

**"INSTRUCTIONAL ACTIVITIES IN PHYSICAL EDUCATION"
EDUC 459-4 SUMMER INTERSESSION 2009**

D100

INSTRUCTORS:

CATHERINE JOHNSON

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Time: Tues/ Thurs 8:30 to 12:30

Location: EDB 7540 (mini-gym)

PREREQUISITE: EDUC 401/402**COURSE DESCRIPTION:**

Education 459 is designed to help teachers acquire the necessary knowledge, skills, and attitudes to design/instruct a wide range of education experiences within the Physical Education curriculum. This active course will focus on learning several orientations and frameworks from which to design one's own PE lessons, at both the Elementary and Secondary school level. It will allow participants to experience a range of activities from games/sports, dance/gymnastics and individual and dual/fitness activities. Specific areas of learning will include the sequencing of activities, growth and developmental patterns, skill acquisition phases, and activity levels. All activities will relate to curriculum implementation according to the Physical Education Integrated Resource Package (IRP). Students will be encouraged to participate in each session at their own level of ability.

ASSIGNMENTS:

- 1) Unit plan – development of a unit for teaching, based on the IRP
- 2) Peer teaching (small group) of a P.E. activity
- 3) Written Assignment – related to PE related experience or memory
- 3) Class participation

REQUIRED MATERIAL: B.C. Ministry of Education P.E. IRP

There is not a required textbook. However there will be an additional fee of \$20 to cover the cost of the photocopying of an

extensive amount of course material and resources. You will be given a list of recommended texts, for future teaching.