

**SIMON FRASER UNIVERSITY**

S.73-54

**MEMORANDUM**

To SENATE

From SENATE COMMITTEE ON UNDERGRADUATE STUDIES

Subject NEW COURSE PROPOSAL - EDUCATION  
459-4 - INSTRUCTIONAL ACTIVITIES IN  
ELEMENTARY SCHOOL PHYSICAL EDUCATION

Date APRIL 18, 1973

MOTION: "That Senate approve, as set forth in S.73-54,  
the new course proposal - Education 459-4 -  
Instructional Activities in Elementary  
School Physical Education."

# SIMON FRASER UNIVERSITY

S.73-54

## MEMORANDUM

To SENATE

From Senate Committee on Undergraduate Studies

Subject New Course Proposal - Education  
459-4 Instructional Activities in  
Elementary School Physical Education

Date April 18, 1973

On the recommendation of the Faculty of Education, the Senate Committee on Undergraduate Studies has approved the new course proposal for Education 459-4 Instructional Activities in Elementary School Physical Education, as set forth in paper SCUS 73-11, and forwards it to Senate for its consideration.

This submission contains the following information:

- (a) Course proposal; and
- (b) Course syllabus.

This course is one of two required physical education courses in the minor program in Elementary School Physical Education, a proposal for which is also being presented. It is designed to complement the already existing course entitled Design for Learning - Physical Education, and deals with the practical application of the theoretical knowledge acquired in that course. It has, in the past, been offered as a special topics course and will be offered on that basis during the current semester. It is submitted as a formal course in order to regularize the offering of this course and to complete the minor in elementary school physical education. Resources previously allocated to the offering of this course as a special topics course will continue to be used for this purpose.

  
I. Muiridge

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SIMON FRASER UNIVERSITY

SCUS 73-11

(as updated March 15, 1973)

as updated Apr. 6, 1973

MEMORANDUM

FACULTY OF EDUCATION

From UNDERGRADUATE PROGRAMS COMMITTEE

Subject. NEW COURSE PROPOSAL

Date FEBRUARY 19, 1973

MOTION:

That the Course Education 459-4 - Instructional Activities  
in Elementary School Physical Education, as described in  
paper FE 73-11 be approved.

FACULTY OF EDUCATION

New Course Proposal

1. CALENDAR INFORMATION

Program: Elementary School Physical Education Minor.

Course No: Education 459

Title: Instructional Activities in Elementary School Physical Education

Sub-title or Description: The main instructional activities of an elementary school physical education program (K-7). Emphasis is given to the movement analysis of a variety of activities and to approaches to teaching these activities to primary and intermediate school age children.

Credit Hours: 4

Pre-Requisite(s): Education 402

Vector Description: (2-0-2)

2. ENROLMENT AND SCHEDULING

Estimated Enrolment: 30

Semester Offered: Summer

When will course first be offered? Summer semester

A similar course (PDS 441-4) has been offered for three years. This course was eliminated during the Faculty of Education's course reorganization.

3. JUSTIFICATION

A. Detailed Description:

This course deals with the main instructional activities of an elementary school physical education program (K-7). Emphasis is given to the movement analysis of a variety of activities and to various approaches to teaching these activities to primary and intermediate school age children.

3. JUSTIFICATION (Cont'd)

B. What is the range of topics that may be dealt with in the course?

1. Gymnastics - Traditional and educational gymnastics
2. Dance - Traditional and creative
3. Games - Low organization, individual and team, plus creative games.
4. Movement skills relating to perceptual-motor, physical development and other remedial programs.

C. How does this course fit the goals of the program?

This course is one of two required Physical Education courses in the Minor Program. Designs for Learning - "Physical Education" deals with the planning, organizing and evaluating aspects of the Physical Education program. "Instructional Activities" deals with the practical aspects of Physical Education.

D. How does this course affect degree requirements?

This course is part of the Education Minor for the B.Ed. Degree.

E. What are the calendar changes necessary to reflect the addition of this course?

The calendar description provided in this proposal is essentially the same as described in previous calendar issues. Inserted changes reflects the contemporary changes and emphasis of Elementary School Physical Education.

F. What course, if any, is being dropped from the calendar if this course is approved?

Nil.

G. What is the nature of student demand for this course?

Each year, 24 - 30 students will enroll in this course. (Limited by the availability of Faculty.)

H. Other reasons for introducing the course.

The course would be offered to general students with a change in content and emphasis.

4. BUDGETARY AND SPACE FACTORS

A. Which faculty will be available to teach this course?

coordinator, Dr. G. Kirchner, Professor Faculty, Miss E. Warrell, Assist. Professor, four Faculty Associates (for a percentage of time in this program).

B. What are the special space and/or equipment requirements for this course?

At present, the mini-gymnasium located in the Administration Building is used for this program. New plans for a teaching lab. gymnasium has been submitted to the Building Committee of the Faculty of Education.

C. Any other budgetary implications of mounting this course:

Nil.

APPROVAL

	Date	Signature
Undergraduate Programs Committee	Feb. 19	M. S. O'Connell <i>M.S.O.</i>
Faculty	Feb. 23	D. R. Birch <i>DRB</i>
SCUS		
Senate		

Course Syllabus  
for  
Education 459 - 4  
Instructional Activities in  
Physical Education

Vector (2-0-2)

1. General Description

This course includes an analysis of the basic physical activities that are taught to primary and intermediate school age children.

2. Method of Presentation

2 hours      lecture  
2 hours      lab

3. Major topics

(1) Nature and analysis of movement

- Basic mechanics of movement
- Fundamental movement skills
- Laban's analysis and principles of movement
- Physical development and movement

(2) Teaching Game Activities

- Structure and analysis
- Low-organization, individual and dual activities
- Team and individual sports
- Creative games

(3) Teaching Dance Activities

- Structure and analysis
- Traditional and contemporary dances
- Creative dances activities

(4) Teaching Gymnastic Activities

- Structure and analysis
- Traditional gymnastic activities
- Movement education

(5) Remedial Activities

- Perceptual motor activities
- Posture and physical fitness

(6) Recreational Activities

- Intramural activities
- Extra-class activities

(7) Evaluative Methods and Techniques

- Individual assessments
- program assessments

4. Student Evaluation

Student evaluation in this course will include essays, projects and special assignments (book reviews, class presentations etc.)

5. Bibliography

In addition to the fourteen standard textbooks that are available in every elementary school in the province (under Issue E), the following references will be used in this course.

Siedentrop, D. Physical Education: Introductory Analysis, Dubuque, W.M.C. Brown, 1972.

Metheng, E. Movement and Meaning, New York, McGraw-Hill, 1968.

Willgoose, C.E. Evaluation of Health and Physical Education, Englewood-Cliffs, Prentice-Hall, 1969.

Cratty, B. Movement Behavior and Motor Learning, Philadelphia, Lea and Febijner, 1967.

Wells, K.F. Kinesiology The Scientific Basis of Human Motion, 5th ed., Philadelphia, W.B. Saunders, 1971.

Logan, G.A. Adapted Physical Education, Dubuque, W.M.C. Brown, 1972.