

SIMON FRASER UNIVERSITY

S.81-6

MEMORANDUM

To SENATE

From SENATE COMMITTEE ON UNDERGRADUATE STUDIES

Subject PSYCHOLOGY CHANGES

Date DECEMBER 19, 1980

Action undertaken by the Senate Committee on Undergraduate Studies at its meeting of December 2, 1980 gives rise to the following motion:

MOTION: "That Senate approve and recommend approval to the Board of Governors, as set forth in S.81-6, the new course PSYC 357-3 - Psychology of Adulthood and Aging."

For Information

Acting under its delegated authority, SCUS approved a pre-requisite change for PSYC 456-5 - Psychology of Adulthood and Aging.

Frank N. Webster

SIMON FRASER UNIVERSITY

SCUS 80-89

MEMORANDUM

To..... Mr. H.M. Evans, Secretary.....
..... S.C.U.S.....
Subject Curriculum Changes - Psychology.....

From Sheila Roberts, Secretary.....
..... Faculty of Arts Curriculum Committee...
Date 1980-11-14.....

The Faculty of Arts Curriculum Committee at its meeting of November 13, 1980 approved the new course proposal - PSYC 357-3 and the change of prerequisites for PSYC 456-5. Would you please place these changes on the agenda of the next SCUS meeting.

Thank you.



S. Roberts

Attachments

cc. W. Turnbull, Psychology

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SENATE COMMITTEE ON UNDERGRADUATE STUDIES
NEW COURSE PROPOSAL FORM

C. 80-110
APPENDIX B

1. Calendar Information

Department: Psychology

Abbreviation Code: PSYC Course Number: 357 Credit Hours: 3 Vector: 2-0-2

Title of Course: Psychology of Adulthood and Aging

Calendar Description of Course:

Considers human development from young adulthood to old age. Included are theories of adult development and aging; environmental and biological factors in aging; and the effects of aging on sensation, perception, learning, cognition, personality, psychopathology, and social relations.

Nature of Course: Lecture/Laboratory

Prerequisites (or special instructions): PSYC 101-3

What course (courses), if any, is being dropped from the calendar if this course is approved: None

2. Scheduling

How frequently will the course be offered? Once a year

Semester in which the course will first be offered? 1981-3

Which of your present faculty would be available to make the proposed offering possible? E. Ames, M. Kimball, P. Wright

3. Objective of the Course:

To provide students with a survey of psychological development from approximately age 25 to old age and death. To provide a supplement to PSYC 351-3 (Child Psychology) and PSYC 355-3 (Psychology of Adolescence and Youth) in order to allow students to obtain a lifespan perspective. To provide a proper prerequisite for PSYC 456-5 (Seminar on Psychology of Adulthood and Aging) which would deal with selected topics within the area.

4. Budgetary and Space Requirements (for information only)

What additional resources will be required in the following areas:

Faculty: None

Staff: None

Library: None

Audio Visual: None

Space: None

Equipment: None

5. Approval

Date: 23 Oct 80 Nov. 14/80 DEC 2 '80

[Signature]
Department Chairman

[Signature]
Dean

[Signature]
Chairman, SCUS

PSYC 357-3 Psychology of Adulthood and Aging

PROPOSED COURSE OUTLINE

TOPICS

1. Adulthood: Developmental Theory and Research Strategies
 - theories of the life cycle
 - Jung
 - Buhler
 - Kuhlen
 - Erikson
 - Peck
 - Riegel
 - individual life cycle and historical time
 - developmental research strategies
 - cross-sectional
 - longitudinal
 - cross-sequential
2. Psychosocial Processes of Development.
 - symbolic interaction approach to adulthood.
 - social clocks and timing events.
 - socialization in adulthood.
3. Young Adulthood
 - marriage and divorce
 - childbearing and childrearing
 - getting started in an occupation
4. Middle Age
 - coping with changes in the family
 - assessing career development
 - coming to terms with physiological changes (e.g. menopause)
5. Late Adulthood
 - retirement and its effects on income, health and family relations.
 - sensory losses and chronic disease.
 - theories of aging and mortality (e.g., waste product theory, auto-immune theory, etc.)
 - predictors of longevity (e.g. diet, temperature, SES)
 - superlongevity
 - premature aging - Progeria and Werner's Syndrome.
6. Personality Across the Adult Years
 - activity, disengagement and continuity theory
 - psychopathology
 - functional disorders
 - organic disorders
 - psycho-social interventions (e.g. reality orientation; milieu therapy)
7. Dying and Bereavement
 - developmental changes preceding death
 - life review
 - terminal drop
 - the dying process
 - bereavement and grief

PSYC 357-3 Psychology of Adulthood and Aging

PROPOSED READING LIST

Textbooks:

Kimmel, D.C. Adulthood and Aging. 2nd Edition. N.Y.: Wiley, 1980

Allman, L.R. and Jaffe, D.T. (Eds.) Readings in Adult Psychology: Contemporary Perspectives. N.Y.: Harper & Row, 1977.

Statistics Canada, Canada's Elderly. Cat. No. 98-800 E, March, 1979.

Supplementary Reading:

Atchley, R. The Social Forces in Later life. 2nd Edition. Belmont, Calif: Wadsworth, 1977.

Birren, J.E., & Schaie, W. (Eds.) Handbook of the Psychology of Aging. N.Y.: Van Nostrand Reinhold, 1977.

Botwinick, J. Aging and Behavior: a Comprehensive Integration of Research Findings. 2nd Edition. N.Y.: Springer, 1978.

Carp, F.M. Retirement. Behavioral Publications, Inc., 1972.

Delude, L. Women and Aging: A Report on the Rest of Our Lives. Ottawa: Advisory Council on the Status of Women, 1978.

Eisendorfer, G., & Lawton, M.P. The Psychology of Adult Development and Aging. Washington, D.C.: American Psychological Association, 1973.

George, L.K. Role Transitions in Later life. Monterey, Calif: Brooks/Cole, 1980.

Gubrium, J.F., & Buckholdt, D.R. Toward Maturity: the Social Processing of Human Development. San Francisco: Jossey-Bass, 1977.

Hendricks, J., & Hendricks, C.D. Aging in Mass Society. Cambridge: Winthrop, 1977.

Kalish, R.A. Late Adulthood: Perspectives on Human Development. Monterey, Calif.: Brooks/Cole, 1975.

Kalish, R.A. The Later Years: Social Applications of Gerontology. Monterey, Calif.: Brooks/Cole, 1977.

Kastenbaum, R., & Aisenberg, R. The Psychology of Death. N.Y.: Springer, 1977.

Kubler-Ross, E. On Death and Dying. N.Y.: Macmillan, 1969.

Kubler-Ross, E. Death: the Final Stage of Growth. Englewood Cliffs, N.J.: Spectrum, 1975.

- Levinson, D.J. The Seasons of a Man's life. N.Y.: Random House, 1978.
- Lowenthal, M.F., Thurnher, N., and Chiriboga, D. Four Stages of Life. San Francisco: Jossey-Bass, 1975.
- Maas, H.S., & Kuypers, J.A. From Thirty to Seventy: a Forty-Year Longitudinal Study of Adult Life Styles and Personality. San Francisco: Jossey-Bass, 1974.
- Marshall, V.W. (Ed.) Aging in Canada: Social Perspectives. Toronto: Fitzhenry & Whiteside, 1979.
- McLachlan, J.A.B. The Ulyssean Adult: Creativity in the Middle and Later Years. Toronto: McGraw-Hill Ryerson Ltd., 1976.
- Neugarten, B. Middle Age and Aging: A Reader in Social Psychology. Chicago: University of Chicago Press, 1968.
- Poon, L.W. (Ed.) Aging in the 1980s: Psychological Issues. Washington, D.C.: American Psychological Association, 1980.
- Troll, L.E. Early and Middle Adulthood. Belmont, Calif.: Brooks/Cole, 1975.
- Troll, L.E., Miller, S.J., & Atchley, S.J. Families in Later Life. Wadsworth, 1979.
- Watson, W., & Maxwell, R.J. Human Aging and Dying: A Study in Sociocultural Gerontology. St. Martin's Press, 1977.
- Zarit, S.H. (Ed.) Readings in Aging and Death: Contemporary Perspectives. N.Y.: Harper & Row, 1977.

SENATE COMMITTEE ON UNDERGRADUATE STUDIES

581-6

Change in Prerequisite ONLY

1. Calendar Information

Department: Psychology

Abbreviation Code: PSYC Course Number: 456

Credit Hours: 5 Vector: 0-5-0

Title of Course: Psychology of Adulthood and Aging

Calendar Description of Course:

Nature of Course Seminar

Prerequisites (or special instructions):

Psyc 201,210,357-3, and 90 hours of credit or permission of the Department.

What course (courses), if any, is being dropped from the calendar if this course is approved:

2. Scheduling

How frequently will the course be offered?

Semester in which the course will first be offered?

Which of your present faculty would be available to make the proposed offering possible?

3. Objectives

The new course PSYC 357 will be more appropriate as prerequisite for this course.

4. Budgetary and Space Requirements (for information only)

What additional resources will be required in the following areas:

Faculty

Staff

Library

Audio Visual

Space

Equipment

5. Approval

Date: Nov 14/80

Department Chairman

Dean

Chairman, SCUS