

MEMORANDUM

SENATE.

From..... SENATE COMMITTEE ON UNDERGRADUATE STUDIES.....

Subject..... CHANGES - GERONTOLOGY.....

Date..... 17 NOVEMBER 1983.....

Action undertaken by the Senate Committee on Undergraduate Studies at its meeting of November 15, 1983 gives rise to the following motion:

MOTION: "That Senate approve and recommend approval to the Board of Governors, as set forth in S.83-93 , the proposed changes in Gerontology, including:-

- i). Replacement of GEOG 444-5 - Regional Planning II by GEOG 382-3 - Population Geography
- ii) Addition to the optional courses of S.A. 460-4 - Special Topics (when given as Medical Anthropology)
- iii) New course: GERO 401-3 - Aging and the Environment"

SIMON FRASER UNIVERSITY

SCUS 83-61

MEMORANDUM

Mr. H. M. Evans, Registrar and Secretary to the Senate Committee on Undergraduate Studies.

From Janet Blanchet, Faculty of Interdisciplinary Studies.

Subject Gerontology Curriculum. Addition of optional courses.

Date November 8/83.

(ISC 83-22).

At a meeting of the Faculty of Interdisciplinary Studies Undergraduate Curriculum Committee held today members of the committee approved the following changes in the listing of Gerontology Diploma Program optional courses:

Removal of GEOG 444-5, Regional Planning II

Replacement by GEOG 382-3, Population Geography

Addition of S.A. 460-4, Special Topics, Medical Anthropology

Would you please place this item on the next agenda of the Senate Committee on Undergraduate Studies for consideration.

Handwritten signature: J. Blanchet

Enclosure.

ISC. 83-22.

SIMON FRASER UNIVERSITY

MEMORANDUM

To Janet Blanchet, FIDS

From Ellen Gee, Gerontology

Subject S.A. 460-4 (Special Topics: Medical Anthropology).

Date Nov. 8, 1983

Further to the FIDS Undergraduate Curriculum Committee meeting of November 8, 1983, please place S.A. 460-4 (Special Topics: Medical Anthropology) on the list of optional courses for the Gerontology Diploma Programme. This was approved at the FIDS Undergraduate Curriculum meeting.

Handwritten signature: Ellen Gee

SIMON FRASER UNIVERSITY

I.S.C. 83-22.

MEMORANDUM

To... Members of the Committee.

From... J. Blanchet, Secretary,  
Faculty of Interdisciplinary Studies  
Undergraduate Curriculum Committee.

Subject... Gerontology Curriculum.

Date... November 1/83.

The Steering Committee of the Gerontology Program wishes to remove the following optional course from its Calendar entry:

GEOG 444-5, Regional Planning II.

The above-noted course should be replaced by:

GEOG 382-3, Population Geography.

I am placing this item on the agenda of the Faculty of Interdisciplinary Studies Undergraduate Curriculum Committee for your consideration.

*J. Blanchet*

SIMON FRASER UNIVERSITY

SCUS 83-62

MEMORANDUM

To... Mr. H. M. Evans, Registrar and  
Secretary to the Senate Committee on  
Undergraduate Studies.

From... Janet Blanchet, Faculty of Interdisciplinary Studies.

Subject... New Course Proposal,  
GERO 401-3, Aging and the  
Environment.  
(ISC 83-28).

Date... November 8/83.

At a meeting of the Faculty of Interdisciplinary Studies Undergraduate Curriculum Committee held today, members of the committee approved the above-noted course. Would you please place this item on the next agenda of the Senate Committee on Undergraduate Studies for consideration.

*J. Blanchet*

Enclosure.

SIMON FRASER UNIVERSITY

I.S.C. 83-28

MEMORANDUM

To Janet Blanchet, Administrative Assistant

From Ellen Gee, Chair, Curriculum Committee

FIDS

Gerontology Program

Subject NEW COURSE PROPOSAL - GERO 401

Date October 19, 1983

Please include the course proposal for GERO 401 on the agenda of the next FIDS undergraduate Curriculum Committee meeting (November 8).

Ellen Gee

cc Gordon Bhakthan, Chair, FIDS Undergraduate Curriculum Committee

OCT 21 1983

SENATE COMMITTEE ON UNDERGRADUATE STUDIES

NEW COURSE PROPOSAL FORM

1. Calendar Information

Department: Gerontology

Abbreviation Code: GERO Course Number: 401

Credit Hours: 3 Vector: 0-3-0

Title of Course: Aging and the Environment

Calendar Description of Course:

Impact of the macro- and micro-environment as it affects the aged. This course will include discussion of planned housing and institutional living arrangements, territoriality and the need for privacy, home range and use of space, urban planning, responsive design of housing and care facilities, effects of relocation and institutionalization.

Nature of Course Seminar

Prerequisites (or special instructions):

60 semester hours credit. Recommended: GERO 300

What course (courses), if any, is being dropped from the calendar if this course is approved: None. When this course was offered in the past it was offered as G.S. 411-Selected Topics and as PSYC 456 - Seminar in Adult Development and Aging.

2. Scheduling

How frequently will the course be offered? Once a year

Semester in which the course will first be offered? 85-1

Which of your present faculty would be available to make the proposed offering possible? Dr. Gloria Gutman

3. Objectives of the Course

1. To acquaint students with current theories and issues relating to aging and the built environment.
2. To assist students in discovering how to develop and design more appropriate environments for the aged.

4. Budgetary and Space Requirements (for information only)

What additional resources will be required in the following areas:

Faculty  
 Staff  
 Library  
 Audio Visual  
 Space  
 Equipment

None

5. Approval

Date: NOV 7, 1983

8 Nov 83

Ellen J...

Department Chairman

J. W. Baker

Dean

Chairman, SCUS

SIMON FRASER UNIVERSITY

GERONTOLOGY 401 - Aging and the Built Environment

Course Description

Impact of the macro- and micro-environment as it affects the aged. This course will include discussion of planned housing and institutional living arrangements, territoriality and the need for privacy, home range and use of space, urban planning, responsive design of housing and care facilities, effects of relocation and institutionalization.

Prerequisites: 60 semester hours credit. Recommended: GERO 300

Course Format

The class will meet twice a week. The general seminar format will be interspersed with field trips designed to familiarize students with various types of physical solutions to problems of daily living encountered by the aged.

Texts

Lawton, M.P. Environment and Aging. Monterey, California: Brooks/Cole, 1980.

Pastalan, L.A. and Carson, D.H. (Eds.) Spatial Behavior of Older People. Ann Arbor, Michigan: The University of Michigan - Wayne State University Institute of Gerontology, 1970.

Gubrium, J. Living and Dying at Murray Manor. New York: St. Martin's Press, 1975.

Additional articles may be assigned on a weekly basis.

Distribution of Marks

Each student will be required to participate in a group research project and complete a final examination. The group research project will count for 50% of the final grade in the course; a final examination will provide the other 50%.

Group Research Projects

The purpose of the group research project is to provide the student with first-hand experience in designing and conducting research relating to aging and the environment. It is hoped that this experience will make the readings and classroom discussions more meaningful and relevant, as well as give the student greater awareness of the life-styles, problems and treatment of the aged in our community.

Group Research Projects (continued)

a) Composition of Group

No attempt will be made to assign students to research groups. It will be the students' responsibility to find others with whom they can work. The total membership of any one group should not exceed five (5) persons.

b) Selection of Research Problem

Each group will be free to select its own research problem. In selecting a problem, the following considerations should be kept in mind:

- 1) is it relevant to a course on environment and aging?
- 2) is it readily testable?
- 3) can the testing be conducted within a reasonable period of time?
- 4) does it require elaborate equipment?
- 5) do the procedures required to investigate the problem meet ethical standards?

c) Submission of Research Proposal

Each group will be required to submit a research proposal, which must be approved by the instructor, prior to conducting the study. The research proposal should contain the following information:

- 1) a statement of the problem to be investigated;
- 2) a summary of prior research on the topic;
- 3) a fairly detailed description of the proposed methodology, including:
  - i) the number and type of subjects and how they will be obtained (note: 20-40 will generally suffice for projects of this type);
  - ii) the measures that will be used;
  - iii) the procedures to be followed in conducting the study, including those designed to safeguard subjects' confidentiality

NOTE: Proposals and final reports should follow APA standards and styles. A guide for writing experimental reports based on the APA model is available from the instructor.

R = Required  
S = Suggested

COURSE OUTLINE

GERONTOLOGY 401 - AGING AND THE BUILT ENVIRONMENT

<u>WEEK</u>	<u>TOPIC</u>	<u>READINGS</u>
1	Introduction	R - Lawton- Chapter 1; Pastalan & Carson - Chapter 3; Lawton, Greenbaum and Liebowitz - "The Lifespan of Housing Environments for the Aging"
2	The Macroenvironment: Geographic Distribution of the Elderly; the Community and Neighbourhood; Home Range and Use of Space by an Aging Population	R - Lawton - Chapter 2; Pastalan & Carson - Chapters 8 & 9; Gutman - "The Elderly at Home and in Retirement Housing: A Comparative Study of Health Problems, Functional Difficulties and Support Service Needs"
3	The Microenvironment: The Living Arrangements of Older People; the Residential Unit; Personal Space and Territoriality	R - Lawton - Chapter 3; Pastalan and Carson - Chapters 1, 4 & 5; Koncelik - "Human Factors and Environmental Design for the Aging: Physiological Changes and Sensory Loss as a Design Criteria"; Lawton and Boden - "Wish for Privacy by Young and Old"
4	Planned Housing	R - Lawton - Chapter 4; Gutman - "Issues and Findings Relating to Multi-level Accommodation for Seniors"; Gutman - <u>Senior Citizens Housing Study: Report #3</u>
5	Institutions for the Aged: I	S - Carp - <u>A Future for the Aged</u> ; CMHC - <u>Housing the Elderly</u> R - Lawton - Chapter 5; Pastalan & Carson - Chapter 7; Wehl, H. - "On the Relationship Between the Size of Residential Institutions and the Well-Being of Residents"
6	Field Trip Meetings with Research Groups - no classes	S - CMHC - <u>Nursing Homes and Hostels with Care Services for the Elderly: Design Guidelines</u> ; Moos and Lemke - "Assessing the Physical and Architectural Features of Sheltered Care Settings"



WEEK

TOPIC

READINGS

7	Institutions for the Aged: II	R	<p>Gubrium - Living and Dying at Murray Manor; Langer and Rodin - "The Effects of Choice and Enhanced Personal Responsibility for the Aged: A Field Experiment in an Institutional Setting"; Schulz - "Effect of Control and Predictability on the Physical and Psychological Well-Being of the Institutionalized Aged"; Schulz and Hanusa - "Long-term Effects of Control and Predictability - Enhancing Interventions: Findings and Ethical Issues"</p>
8	Specialized Residential Settings	R	<p>Cohen and Sokolovsky - "Social Environment Versus Isolation: The Case of the Aged in SRO Hotels"; Lally, et. al. - "Older Women in Single Room Occupant (SRO) Hotels: A Seattle Profile"</p>
9	Field Trips		
10	Older People on the Move: Relocation, Transportation	R	<p>Lawton, Chapter 6; Pastalan &amp; Carson - Chapter 10; Grant &amp; Gutman - "Self-Induced Dependence, Learned Helplessness and Relocation Stress: A New Kind of Intervention"</p>
11	Review of Research and Theory Relating to Person-Environment Fit	R	<p>Pars - "The Interaction of Persons and Living Environments"; Windley and Scheit - "Person-Environment Dialectics: Implications for Competent Functioning in Old Age"</p>
12	Presentation of Reports of Group Research Projects		
13	Presentation of Reports of Group Research Projects		

GERONTOLOGY 401

RESERVE READINGS

- Byerts, T.O., Howell, S.C. and Pastalan, L.A. (Eds.) Environmental Context of Aging - Lifestyles, Environmental Quality and Living. New York: Garland Press, 1979.
- Canada Mortgage and Housing Corporation. Nursing Homes and Hostels with Care Services for the Elderly: Design Guidelines. Cat. No. NH 17-7/1979.
- Canada Mortgage and Housing Corporation. Housing the Elderly. (Metric Edition) Cat. No. NH 18-2/2, 1978.
- Carp, F. A Future for the Aged. Austin, Texas: University of Texas Press, 1966.
- Cohen and Sokolovsky. Social Environment Versus Isolation: The Case of the Aged in SRO Hotels. Gerontologist, 1980, 20 (1), 36-44.
- Gutman, G.M. Issues and Findings Relating to Multi-Level Accommodation for Seniors. Journal of Gerontology, 1978, 33 (4), 592-600.
- Gutman, G.M. The Elderly at Home and in Retirement Housing: A Comparative Study of Health Problems, Functional Difficulties and Support Service Needs. In: V. Marshall (Ed.), Aging in Canada: Social Perspectives. Toronto: Fitzhenry and Whiteside, 1980, 189-200.
- Gutman, G.M. Senior Citizens Housing Study, Report No. 1. Similarities and Differences between Applicants for Self-Contained Suites, Applicants for Board Residence, and Non-Applicants. Report submitted to Central Mortgage and Housing Corporation, September, 1975.
- Gutman, G.M. Senior Citizens Housing Study, Report No. 2. After the Move - A Study of Reactions to Multi- and Uni-level Accommodation for Seniors. Report submitted to Central Mortgage and Housing Corporation, June, 1976.
- Gutman, G.M. Senior Citizens Housing Study, Report No. #3. The Long-term Impact of Multi-level, Multi-service Accommodation for Seniors. Report submitted to Central Mortgage and Housing Corporation, March, 1983.
- Gutman, G.M., Mercer, J. and Fallick, A. Residential and Life Satisfaction of the Elderly in Institutions: A Study of the Locational Suitability of Fifteen Personal and Intermediate Care Facilities in Greater Vancouver. Report submitted to Canada Mortgage and Housing Corporation, November, 1979.
- Howell, S.C. Environments and Aging. In: C. Eisdorfer (Ed.) Annual Review of Gerontology and Geriatrics, 1980, 1, 237-260.
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- Koncelik, J.A. Human Factors and Environmental Design for the Aging: Physiological Changes and Sensory Loss as Design Criteria. In: Byerts, T.O., Howell, S.C. and Pastalan, L.A. (Eds.) Environmental Context of Aging - Lifestyles, Environmental Quality and Living. New York: Garland Press, 1979.

- Lally, M., Black, E., Thornock, M. and Hawkins, J.D. Older Women in Single Room Occupant (SRO) Hotels: A Seattle Profile. Gerontologist, 1979, 19 (1), 67-73.
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- Lawton, M.P. Planning and Managing Housing for the Elderly. New York: John Wiley and Sons, 1975.
- Lawton, M.P. and Boden, J. Wish for Privacy by Young and Old. Journal of Gerontology, 1970, 35, 48-54.
- Lawton, M.P., Greenbaum, M. and Liebowitz, B. The Lifespan of Housing Environments for the Aging. Gerontologist, 1980, 20 (1), 56-64.
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- Pars, J. The Interaction of Persons and Living Environments. In: L.W. Poon (Ed.), Aging in the 80's - Psychological Issues. Washington, D.C.: American Psychological Association, 1980.
- Schulz, R. Effects of Control and Predictability on the Physical and Psychological Well-Being of the Institutionalized Aged. Journal of Personality and Social Psychology, 1976, 33 (5), 563-573.
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- Stone, L.O. and Fletcher, S. A Profile of Canada's Older Population. Montreal: The Institute for Research on Public Policy, 1980.
- Symposium on Relocation, Gerontologist, 1981, 21 (5), 481-522.
- Weihl, H. On the Relationship between the Size of Residential Institutions and the Well-being of Residents. Gerontologist, 1981, 21 (3), 247-250.
- Windley, P.G., Byerts, T.O. and Ernst, F.G. (Eds.) Theory Development in Environment and Aging, Washington, D.C.: Gerontological Society, 1975.
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